

Challenge Program Fall 2026, Course Information

Please review this information prior to opening the Scholarship Application form below. This will give you an idea of the course, times, dates, and course descriptions before you open the form below. You will be asked to select ONE of the classes that you want to take and apply a scholarship to that one course. Write it down before you start the application form.

Course	CRN#	Course Name	Course Description	Dates	Days	Times	Tuition	Fee	NMR Fee
SPP673	24392	Adventures in Bookland I	An adventure always has an element of the unknown. Join us on an exciting experience as we dive into books and recount many bold adventures. You will learn to embrace new experiences, to be spontaneous, and to show curiosity while learning. You will build your vocabulary by playing fun word games such as Spelling Bee. In addition, you will also work on reading exercises to identify main ideas, write summaries, and explore sequences, antonyms, and synonyms. You will become detectives through mini-mysteries, which are designed to promote interest in reading as well as fluency and comprehension. You will enjoy reading about a crazy new character in our class novel. Join this super exciting reading and remarkable learning experience through books!	9/15/2026 - 12/10/26	T, R	10:15am - 11:45a	\$ 242.00	\$ 114.00	160.00
SPP674	24393	Adventures in Bookland II (New!)	Setting forth on a new adventure is always thrilling—and this one takes your reading skills to the next level. Building on what you already know, you will continue to explore exciting books and challenging activities designed to sharpen your thinking. You will expand your vocabulary through advanced exercises and engaging games. Beyond identifying main ideas, you will craft written summaries, investigate cause and effect, and explore the world of poetry and poetic terms. You will develop a personal reading habit by choosing a book of your own, and discover fascinating facts about the lives of famous and influential people through biography. The selected novel will spark your curiosity. Come join us and keep your reading adventure going. (Tuck Everlasting)	9/15/2026 - 12/10/26	T R	1:15pm - 2:45pm	\$ 242.00	\$ 114.00	160.00
SPP668	24395	America's National Forests (NEW!)	Step into the wild and journey across some of the most breathtaking landscapes in America's national forests. From misty rainforests draped in moss to sunlit desert pines, from towering mountain ranges to the icy wilderness of Alaska, this course invites students to explore the beauty, diversity, and ecological importance of these natural treasures. Through guided readings, engaging videos, and in-class discussions, students will examine two national forests each week, gaining insight into their unique landscapes, wildlife, climates, and environmental significance. Join us as we discover and appreciate the richness of our nation's forests.	9/14 - 11/16	M	11am - 12:30pm	\$ 170.00	\$ 70.00	140.00
SPP666	24074	Building Healthy Relationships: Dating with Confidence	Join us to learn how to build meaningful romantic connections with confidence, clarity, and self-respect. Whether you are new to dating, returning after a break, or navigating relationships, this course provides practical tools and emotional support tailored to your lived experience. You will learn the difference between dating and a relationship, how to meet people, dating safety, dating etiquette, how to properly accept rejection, how to reject others nicely, and how to maintain a healthy romantic relationship.	9/18 - 11/20	F	10am - 11:30a	\$ 170.00	\$ 70.00	140.00

SPP666	24073	Building Healthy Relationships: Dating with Confidence	Join us to learn how to build meaningful romantic connections with confidence, clarity, and self-respect. Whether you are new to dating, returning after a break, or navigating relationships, this course provides practical tools and emotional support tailored to your lived experience. You will learn the difference between dating and a relationship, how to meet people, dating safety, dating etiquette, how to properly accept rejection, how to reject others nicely, and how to maintain a healthy romantic relationship.	9/18 - 11/20	F	12p - 1:30pm	\$ 170.00	\$ 70.00	140.00
SPP617	24071	Canvas Creations: Paint Party	Explore your creative talents in a lively and welcoming environment. Unleash your artistic expression through painting while fostering a sense of community and fun. You will embark on a colorful journey into the world of visual arts. Engage in a variety of painting techniques, experiment with different brushstrokes, and explore a spectrum of colors to bring your vision to life. From landscapes to abstract art, each session will present a new theme or subject, allowing for artistic exploration and personal interpretation. Join us and unlock your inner artist in an inspiring and fun setting where imagination knows no bounds.	9/18 - 11/20	F	11am - 12:30pm	\$ 170.00	\$ 70.00	140.00
SPP617	24072	Canvas Creations: Paint Party	Explore your creative talents in a lively and welcoming environment. Unleash your artistic expression through painting while fostering a sense of community and fun. You will embark on a colorful journey into the world of visual arts. Engage in a variety of painting techniques, experiment with different brushstrokes, and explore a spectrum of colors to bring your vision to life. From landscapes to abstract art, each session will present a new theme or subject, allowing for artistic exploration and personal interpretation. Join us and unlock your inner artist in an inspiring and fun setting where imagination knows no bounds.	9/18 - 11/20	F	1pm-2:30pm	\$ 170.00	\$ 70.00	140.00
SPP410	24075	Cooking across the Americas	Join us as we explore cooking traditions from across the United States, Canada, Central America, and South America. You will learn how to read and follow recipes to prepare a delicious dish from a different region. Sample dishes may include Johnnycakes from New England, Amish Chicken Corn Soup from Pennsylvania, Stuffed Cabbage Rolls from the Midwest, Fish Tacos from California, Arroz a la Mexicana from Mexico, Honduran Baleadas, and Brigadeiros from Brazil. Classes will be hands-on, engaging, and designed to build confidence in the kitchen. Each class , you will practice reading and following a recipe from start to finish and prepare a featured dish to taste. As you cook, you will also learn proper food-handling techniques, basic nutrition concepts, and simple tips that support greater independence in the kitchen. A recipe book will be provided so you can recreate each dish at home. Get ready to roll up your sleeves—your cooking adventure across the Americas is about to begin!	9/15 - 11/17	T	1:30p - 3pm	\$ 170.00	\$ 70.00	140.00

SPP410	24076	Cooking across the Americas	Join us as we explore cooking traditions from across the United States, Canada, Central America, and South America. You will learn how to read and follow recipes to prepare a delicious dish from a different region. Sample dishes may include Johnnycakes from New England, Amish Chicken Corn Soup from Pennsylvania, Stuffed Cabbage Rolls from the Midwest, Fish Tacos from California, Arroz a la Mexicana from Mexico, Honduran Baleadas, and Brigadeiros from Brazil. Classes will be hands-on, engaging, and designed to build confidence in the kitchen. Each class , you will practice reading and following a recipe from start to finish and prepare a featured dish to taste. As you cook, you will also learn proper food-handling techniques, basic nutrition concepts, and simple tips that support greater independence in the kitchen. A recipe book will be provided so you can recreate each dish at home. Get ready to roll up your sleeves—your cooking adventure across the Americas is about to begin!	9/15 - 11/17	T	3:30pm - 5pm	\$ 170.00	\$ 70.00	140.00
SPP657	24085	Cozy Fall Baking	Hearty, cozy, comfort food just tastes better in the Fall. Baking is the perfect way to take advantage of all the fresh fruits and vegetables. You will bake an easy and delicious harvest apple pastry, savory cheese biscuits, veggie tarts and festive cranberry pumpkin muffins. Did you know fall is for chocolate? You will make a hot cocoa monkey bread; can't you just smell the cinnamon? You will learn about the history of baking chocolate and cranberries. You will learn a little pumpkin trivia and make a recipe book from our tasty class treats. So, grab your apron and come cozy up with fall baking recipes!	9/16 - 11/18	W	1:30p - 3pm	\$ 170.00	\$ 70.00	140.00
SPP669	24394	Endangered Animals in the World NEW!	From the depths of the ocean to the tops of the rainforest canopy this class will take you on a journey around the world to discover some of the most fascinating endangered animals on earth. Each week we will explore two unique species, learning about their habitats, behavior and challenges they face. Through a combination of reading, videos, discussion and creative activities students will build awareness of conservation efforts and the importance of protecting biodiversity. Come and join us on this great adventure	9/16 - 11/18	W	11am - 12:30pm	\$ 170.00	\$ 70.00	140.00
SPP333	24077	Exciting Sports and Games for All	Get active and have fun while learning healthy habits through movement, games, and teamwork. In this class, students will explore exercise, cardio, stretching, and warmups, along with basic concepts related to body composition and overall wellness. You will also learn how nutrition and physical activity support a healthy lifestyle. Activities include hula hoop fitness, relays, kickball, team games, stretching, and cardio exercises. Hula hoops are used as fun tools for balance, coordination, strength, and endurance. Through group activities, students will build confidence, teamwork, and friendships while staying active. Please wear comfortable workout clothes and sneakers and bring a water bottle to each class.	9/14 - 11/16	M	5:30p - 7pm	\$ 170.00	\$ 70.00	140.00
SPP263	24078	Feel Good Fitness	Grab your water bottle, lace up your sneakers, and join us in person for a fun and energizing workout! You will learn a variety of cardio exercises, stretches, low impact moves, and chair options to build endurance, strengthen muscles, and tone your body. Low impact exercises help boost heart health while protecting your joints, and modifications are always available so everyone can move at their own pace. Improve coordination, muscle strength, mobility, and overall wellbeing in a supportive group setting. Dress comfortably for class; bring a water bottle, small towel, and sneakers	9/16 - 11/18	W	5:30p - 7pm	\$ 170.00	\$ 70.00	140.00

SPP596	24084	Let Your Imagination Soar, Read More	Excite your imagination and build reading comprehension through reading passages on a variety of topics. You will learn vocabulary and memory skills as well as join in lively conversations. Topics may include current events, mini mysteries, history, nonfiction, and topics of interest to the students. Each class will include reading, answering questions, watching a video and discussion.	9/17 - 11/19	R	10:30a - 12p	\$ 170.00	\$ 70.00	140.00
SPP602	24083	Let's Talk: Improving Your Conversation Skills	Making and keeping friends depends on talking. How to handle bullies, arguments and conflict can be hard. Join this class to help you learn to handle conflict. You will learn how to start a conversation and keep it going, learn how to speak to others during conflicts and how to apologize effectively when needed. Good conversation skills can help you feel more comfortable with the people you encounter daily. You will learn how to express yourself verbally and strengthen your relationships. You will read, develop active listening skills, role play and practice having conversations with each other. You will also learn the three-step apology rule, the five steps to conflict solving, and building generosity and kindness with words. Talk with us and find out why conversation is so important.	9/16 - 11/18	W	9am - 10:30am	\$ 170.00	\$ 70.00	140.00
SPP602	24690	Let's Talk: Improving Your Conversation Skills	Making and keeping friends depends on talking. How to handle bullies, arguments and conflict can be hard. Join this class to help you learn to handle conflict. You will learn how to start a conversation and keep it going, learn how to speak to others during conflicts and how to apologize effectively when needed. Good conversation skills can help you feel more comfortable with the people you encounter daily. You will learn how to express yourself verbally and strengthen your relationships. You will read, develop active listening skills, role play and practice having conversations with each other. You will also learn the three-step apology rule, the five steps to conflict solving, and building generosity and kindness with words. Talk with us and find out why conversation is so important.	9/18 - 11/20	F	9am - 10:30am	\$ 170.00	\$ 70.00	140.00
SPP519	24079	Let's Make Music	Come sing along with friends, play a variety of rhythm instruments, and dance to your favorite music. Students will learn basic music concepts and how to read the notes of the C scale. Music can help you express your emotions, reduce stress, and share enjoyment with others. Whether you're a complete beginner or simply looking to deepen your appreciation, this course invites you to explore different genres and discover the joy of making music together.	9/16 - 11/18	W	10:30a - 12p	\$ 170.00	\$ 70.00	140.00
SPP625	24081	Life Skills: Personal Development and Independence	Would you like to become more self-reliant and build social skills that will help you feel more confident in your everyday interactions? You will focus on personal development: setting and reaching goals, managing your time, following a schedule and making your own appointments. You will learn proper social etiquette and how to foster lifelong relationships. You will be introduced to skills that you need to navigate entering the workforce and becoming productive citizens. You will learn the importance of earning money. You will understand gross and net pay, what deductions are, how to save money and how to start a budget. Finally, we will prepare for emergencies by learning basic first aid. Through class discussions, reading work sheets and graphic organizers, this course will help you prepare to confidently navigate the road to independence!	9/14 - 11/16	M	9am - 10:30am	\$ 170.00	\$ 70.00	140.00

SPP349	24080	Math in the Real World	Math is used every day! Did you know that minor home improvement projects are loaded with measuring lengths, widths, and how much lumber you will need to complete your project? Grocery shopping is a weekly task that incorporates math; calculating prices while you shop, making sure you have the correct amount of money, and using coupons. Did you know that food items are not taxable? Baking requires math skills; when you bake a pie, cake or cupcakes, you will be using math by measuring ingredients correctly. In this class you will learn the value of time, creating your own to-do-lists and assigning tasks based on how long you think they will take. Math is everywhere!	9/15 - 11/17	T	5:30p - 7pm	\$ 170.00	\$ 70.00	140.00
SPP541	24758	Muscle Math: All About Numbers	Let's flex your pencil and get ready to strengthen your Math skills! Join us in this energetic class of numbers. You will study the basic concepts of math and its foundation: adding, subtraction, division, and multiplication. You will blend your math practice with the love of fitness and sports, using activities with dominoes, dice, football scores, and money activities. You will master the necessary skills to become a math all-star!	9/17 - 11/19	R	5:30p - 7pm	\$ 170.00	\$ 70.00	140.00
SPP670	24396	Mythical Creatures	Enter the realm of myth and legend, where every creature has a story waiting to be told. In this course, students will explore magical beings from cultures around the world, from shimmering unicorns to powerful griffins. Through captivating stories and hands-on art projects, students will interpret these myths in their own unique way. With every brushstroke and drawing, students will bring legendary creatures to life while building their own imaginative worlds. Along the way, students will gain an appreciation for global mythology, creativity, and storytelling through art.	9/14 - 11/16	M	1pm-2:30pm	\$ 170.00	\$ 70.00	140.00
SPP671	24397	Symphony Adventures (NEW!)	Join an adventure to learn the elements of the orchestra. Peter and the Wolf, Tubby the Tuba, and Carnival of the Animals will be used to help students learn about the various instruments in an orchestra. Students will also learn about how the orchestra changed by exploring composers from the Baroque period (Bach), through Mozart and Beethoven, to the present (John Williams). Worksheets, listening to music, and videos will give opportunities for a variety of learning styles	9/18 - 11/20	F	10:30a - 12p	\$ 170.00	\$ 70.00	140.00
SPP525	24082	Travel Across America NEW!	Explore the beauty and diversity of the United States as we visit iconic destinations like Glacier National Park, the Grand Canyon, the Newport Mansions, and unique parks in New Orleans. Students will learn about the food, dialects, and music that define each region while comparing their similarities and differences through engaging discussions and activities. Join us as we journey across America and discover what makes each place unique!	9/17 - 9/19	R	1p-2:30pm	\$ 170.00	\$ 70.00	140.00