

# MONTGOMERY COLLEGE LIFELONG LEARNING INSTITUTE

Course Schedule | Fall 2025



The Lifelong Learning Institute is committed to creating intellectually stimulating educational opportunities for Montgomery County residents age 50 and over. Adults of any age may register for these class: Students 60+ pay fee only.

Workforce Development and Continuing Education

[montgomerycollege.edu/wdce](https://montgomerycollege.edu/wdce) | 240-567-5188



Dear Students and Community Members,

## Welcome to the Fall Semester 2025!

I hope you have stayed cool this Summer. It has been a pleasure coming on board to the community and beginning to meet some of you—whether in person in the classroom or virtually over email. I am excited by all the enthusiasm that both our instructors and our students bring to our learning spaces!

For those who have not heard, let me introduce myself—My name is Kate Wooldridge and I am the new Program Manager of the Lifelong Learning Institute. I am a native of Chantilly, VA and have spent the last 20 years living and working in Maryland and Washington, D.C. My professional background brings a diversity of work in international education, leadership, and community development. I have experience leading programming and curriculum with community members of all ages from more than 100 countries, and I am passionate about the power that continued learning opportunities brings. I am excited to support the LLI program in its next chapter and look forward to connecting with you all in the semesters to come.

This Fall, the Lifelong Learning Institute is providing many new courses along with some beloved favorites. We are particularly excited about our new garden and small farming courses. For example, you can learn how to use regenerative agricultural practices to improve soil health and food nutrition in “Regenerative Agriculture for the Small Farmer or Hobbyist”. Have you been interested in potentially raising chickens? Learn about the difference between farm fresh eggs and how to keep chickens in “Getting Started with Chicken Keeping and Eggs”.

If it has been a while since you have picked up a drawing pencil or paintbrush, or would like to continue down your current artistic journey, we have art and photography classes to channel your creativity. Perhaps you are a tea fan, then you can dive into the world of tea through “A Taste of History Tea”. For those who have a sweet tooth and would love to learn how to make delicious desserts, come learn about tempering chocolate, mastering macarons, or how to prepare stunning holiday desserts. Or dig into history and current events through a number of new courses – including “Ottomans”, “The Mapmakers”, and “Catherine the Great”!

Community favorites for brain and physical wellness will continue with “Memory Academy”, “Bridge for Beginners”, “Gentle Water Fitness”, “Building Bones and Muscle Strength”, “Line Dancing”, and “Tai Chi”. As always, there will be plenty of opportunities to increase your personal finance know-how and better prepare yourselves for retirement and financial planning, including with new classes such as “Can Markets Exist Outside of Morality?” and “Is Cryptocurrency Money?”

We are excited for you to join us this Fall and continue your individual and collective learning journeys!

Kate Wooldridge

Lifelong Learning Institute Program Manager

## Essential so that we can reach you: EMAIL!

### We must have a correct email address for you.

Make sure that you contact WDCE Customer Service at 240-567-5188 or [wdce@montgomerycollege.edu](mailto:wdce@montgomerycollege.edu) to provide updates/corrections. Approximately 95% of our faculty contact our students prior to the start of their class(es).

### Virtual Face-to-Face in Real-Time!

#### LLI Classes are being taught in person in classrooms and virtually online with Zoom

LLI classes will be taught in-person and through virtual face-to-face using Zoom. Zoom allows students to hear and see the instructors as they present their classes. For zoom, we MUST have an accurate email address.

### Missing Your Zoom Link?

Your instructor should contact you three (3) days before the start of your LLI class to provide you with class information. If you do not receive your link, please check your spam folder. If it is not there, email us before your class starts (at least 24 hours in advance is good). Use both of these email addresses as that will help to ensure the most rapid response:

Email: [mccli@montgomerycollege.edu](mailto:mccli@montgomerycollege.edu) and/or copy [eric.scharf@montgomerycollege.edu](mailto:eric.scharf@montgomerycollege.edu) and provide your class information.

**Heads up:** To take the Zoom classes you will need a working microphone built into your device or headphones with a microphone. Or you can use the free phone conference feature. Visit: <https://zoom.us/download> and download the Zoom application onto your computer. We recommend that you do this in advance to make sure all your computer components are working.

### To contact the Lifelong Learning Institute, please call or email

Eric Scharf

*Lifelong Learning Institute Program Coordinator*

Office: 240-567-7809

Email: [eric.scharf@montgomerycollege.edu](mailto:eric.scharf@montgomerycollege.edu)



## Lifelong Learning at Montgomery College At a Glance Schedule Fall 2025

This is provided to help you plan, and is subject to change without notice. For up-to-date information, visit us online at [www.montgomerycollege.edu](http://www.montgomerycollege.edu).

Course Title	Course #	CRN #	Date(s)	Day(s)	Time	Instructor	Location
<b>Archaeology and World Cultures</b>							
A Taste of History: Tea	LLP241	24401	9/15-10/13	M	6:30-8:30 p.m.	Naomi Daremblum	SR
Introduction to Archaeology	LLI802	24360	9/2-12/16	T, R	9:30-10:45 a.m.	Barbara L. Wolff	RC-HU 221
<b>Art</b>							
Acrylic Painting: Basic Techniques	LLI247	24323	10/15-11/19	W	10:30 a.m.-12:30 p.m.	Tatiana Martin	RC-SB 009
Amazing Photos with Your Phones and Tablets	LLI471	24324	11/3-11/24	M	6:30-8:30 p.m.	Michael Koren	SR
Drawing with Pencils, Charcoal, or Pastels	LLI489	24325	10/20-11/24	M	6:30-8:30 p.m.	Evan Goldman	RC-SB 009
Landscape and Cityscape Photography	LLI937	24326	9/22-10/13	M	6:30-8:30 p.m.	Michael Koren	SR
Pencil Drawing: Nature	LLP175	24301	10/23-12/4	R	10:30 a.m.-12:30 p.m.	Tatiana Martin	GBTC 442
The Art of Pencil Drawing	LLI792	24330	9/16-10/21	T	10:30 a.m.-12:30 p.m.	Tatiana Martin	RC-MK 101
The Art of Sketching	LLI491	24337	10/16-11/20	R	6:30-8:30 p.m.	Evan Goldman	RC-MK 102
Watercolor Techniques I	LLI609	24570	9/15-10/20	M	10:30 a.m.-12:30 p.m.	Tatiana Martin	GBTC 442
Introduction to Figure Drawing	LLP274	24837	10/15-11/19	W	10 a.m.-12 p.m.	Lauren Schreib	TK-CF 234
<b>Art History</b>							
Art and Architecture of Baltimore: Discovering the Treasures of "Charm City"	LLI763	24353	9/25-10/9	R	10:30 a.m.-12:30 p.m.	Ruth Manchester	RC-MK 101
Art and Architecture of Baltimore: Discovering the Treasures of "Charm City"	LLI763	24354	9/25-10/9	R	10:30 a.m.-12:30 p.m.	Ruth Manchester	SR
Between the Wars: Art and Architecture from 1918-1941	LLP268	24606	10/23-11/20	R	10:30 a.m.-12:30 p.m.	Ruth Manchester	RC-MK 102
Between the Wars: Art and Architecture from 1918-1941	LLP268	24607	10/23-11/20	R	10:30 a.m.-12:30 p.m.	Ruth Manchester	SR
Diego Velasquez	LLI398	24355	11/6-11/20	R	10:30 a.m.-12:30 p.m.	Irina Stotland	RC-MK 101
Early Renaissance. Birth of Painting in Italy	LLP251	24411	9/10-9/24	W	12:30-2:30 p.m.	Irina Stotland	RC-MK 103
Paul Gauguin	LLP238	24319	9/25-10/9	R	10:30 a.m.-12:30 p.m.	Irina Stotland	RC-MK 102
<b>Brain Fitness</b>							
Memory Academy: Train Your Brain to Retain!	LLI396	24356	10/17-11/14	F	1-3 p.m.	Tom King	SR

### Key:

#### Days

M-Monday T-Tuesday W-Wednesday R-Thursday F-Friday S-Saturday U-Sunday

#### Campus

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Course Title	Course #	CRN #	Date(s)	Day(s)	Time	Instructor	Location
<b>Careers and Employment for 50+</b>							
Thriving in Retirement	LLP272	24801	11/6-11/20	R	6:30-8:30 p.m.	Natasha Sacks	SR
<b>Computers and Technology</b>							
Computer Skills for Beginners	LLI790	24572	9/16-10/28	T	1:30-3:30 p.m.	Chiquita Sorrels	RC-MK 105
Computer Skills for Beginners	LLI790	24349	10/22-12/3	W	10:30 a.m.-12:30 p.m.	Chiquita Sorrels	RC-GU 233
Computer Skills: Beyond Beginner	LLP115	24317	10/16-11/20	R	1:30-3:30 p.m.	Tina Denmark	RC-MK 105
<b>Criminal Justice</b>							
Contemporary Issues	LLP219	24322	9/2-12/16	T, R	11 a.m.-12:15 p.m.	Sonia Y. Pruitt	SR
Criminal Justice: Special Topic	LLP242	24402	9/5-12/12	F	10 a.m.-12:40 p.m.	James S. Fay	RC-HU 011
<b>Culinary Arts</b>							
Artisanal Chocolates and Tempering	LLP193	24308	10/20-10/20	M	6-8:30 p.m.	Annie Clemmons	RC-CC 170
Mastering Macarons	LLP194	24309	9/22	M	6-8:30 p.m.	Annie Clemmons	RC-CC 170
Stunning Holiday Desserts	LLP199	24311	12/8	M	6-8:30 p.m.	Annie Clemmons	RC-CC 170
<b>History and Current Events</b>							
America's First Ladies: The Evolving Role & Traditions	LLP154	24320	9/15-10/13	M	10 a.m.-12:30 p.m.	Naomi Daremblum	RC-MK 101
America's First Ladies: The Evolving Role & Traditions	LLP154	24527	9/15-10/13	M	10 a.m.-12:30 p.m.	Naomi Daremblum	SR
An Insight Into Politics and Current Events	LLI511	24670	9/17-12/3	W	1-3 p.m.	Joel Cockrell	SR
Cabinets of Curiosity: Collecting the Wonders of the World	LLP252	24412	10/23-11/20	R	1-3 p.m.	Naomi Daremblum	RC-MK 102
Cabinets of Curiosity: Collecting the Wonders of the World	LLP252	24415	10/23-11/20	R	1-3 p.m.	Naomi Daremblum	SR
Catherine the Great: How to Seize a Throne and Change History	LLP256	24426	10/2-10/30	R	10 a.m.-12 p.m.	Naomi Daremblum	RC-MK 103
Catherine the Great: How to Seize a Throne and Change History	LLP256	24427	10/2-10/30	R	10 a.m.-12 p.m.	Naomi Daremblum	SR
Ottomans	LLP254	24422	10/22-12/3	W	12:30-2:30 p.m.	Naomi Daremblum	RC-MK 104
Ottomans	LLP254	24423	10/22-12/3	W	12:30-2:30 p.m.	Naomi Daremblum	SR
Rewriting the Constitution	LLP257	24428	9/30-11/4	R	1:30-3:30 p.m.	Joel Cockrell	RC-MK 101
Social Problems and Issues	LLP243	24403	9/2-12/16	T, R	9:30-10:45 a.m.	Tracie Witte	RC-HU 111
The History of Television in the United States Prior to the Advent of Cable	LLI002	24673	10/9-11/13	R	1:30-3:30 p.m.	Joel Cockrell	RC-MK 101
The Mapmakers: How Maps Created the Modern World	LLP253	24416	9/17-10/15	W	10 a.m.-12:30 p.m.	Naomi Daremblum	RC-MK 101
The Mapmakers: How Maps Created the Modern World	LLP253	24417	9/16-10/14	T	10 a.m.-12:30 p.m.	Naomi Daremblum	SR

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Course Title	Course #	CRN #	Date(s)	Day(s)	Time	Instructor	Location
<b>Home and Garden</b>							
Dazzling Floral Arrangements and Designs for Home and Office	LLP118	24306	12/6-12/13	S	10:30 a.m.-1 p.m.	Janet Johnson	RC-MK 102
Garden Design	LLI519	24345	9/23-10/14	T	7-9 p.m.	Janet Johnson	RC-MK 102
Getting Started with Chicken Keeping and Eggs.	LLP262	24529	9/19-10/10	F	12:30-2:30 p.m.	Stephanie Berk	RC-MK-TBD
Orchids:How to Grow and Bloom	LLI022	24346	11/4	Ts	6:30-9:30 p.m.	Janet Johnson	SR
Regenerative Agriculture for the Small Farmer or Hobbyist.	LLP258	24429	10/24-11/21	F	12:30-2:30 p.m.	Stephanie Berk	RC-MK-TBD
"THAT Grows Here? Gardening Beyond the Basics"	LLP261	24528	10/7-11/4	T	12:30-2:30 p.m.	Stephanie Berk	RC-MK-TBD
Woody Ornamentals for the Mid-Atlantic Region	LLP153	24307	9/9-9/16	T	6:30-9 p.m.	Janet Johnson	SR
<b>Human and Natural Science</b>							
To Infinity and Beyond!	LLP229	24799	9/26-10/17	F	10:30 a.m.-12:30 p.m.	Dorian Janney	SR
A Star is Born! Learn about the life of stars and galaxies	LLP271	24800	10/2-10/16	R	2:30-4:30 p.m.	Dorian Janney	SR
<b>Literature and Writing</b>							
Advanced Creative Writing of Fiction	LLP245	24404	9/23-12/9	T	6-8:55 p.m.	Joseph D. Couch	SR
Americans in Paris: The Expat Literary Scene of the 1920s	LLP259	24431	11/3-12/8	M	10:30 a.m.-12:30 p.m.	Ann Stephenson	RC-MK 102
Critical Reading, Writing, & Research in the Workplace	LLP247	24406	9/15-12/10	M, W	1-2:30 p.m.	Emily K. Rosado	TK-P3
Examining the Short Story	LLP197	24432	9/8-10/13	M	10:30 a.m.-12:30 p.m.	Ann Stephenson	SR
Film and Literature	LLI984	24362	9/2-12/2	T	2-4:40 p.m.	Alejandro G. Leopardi	GC-PK 179
Literary Cafe	LLI707	24605	10/9-12/18	R	2-4 p.m.	Adele Seeff	SR
Masterpieces of Asian Literature	LLP250	24410	9/15-12/22	M	10 a.m.-12:30 p.m.	Jennifer Lee	SR
Storytellers and Strangers: Jewish Characters in Literature	LLP255	24424	11/10-12/8	M	10 a.m.-12:30 p.m.	Naomi Daremblum	RC-MK 101
Storytellers and Strangers: Jewish Characters in Literature	LLP255	24425	11/10-12/8	M	10 a.m.-12:30 p.m.	Naomi Daremblum	SR
Survey of American Literature I	LLP249	24409	9/16-12/11	T, R	12:30-2 p.m.	Rebecca Eggenschwiler	RC-SB 117
Survey of British Literature 1	LLI467	24364	9/15-12/15	M	10:30 a.m.-1:10 p.m.	Alejandro G. Leopardi	SR
Survey of Latina/o/x Literature in US	LLP248	24408	9/15-12/22	M	10:30 a.m.-1 p.m.	Emily K. Rosado	SR
Techniques of Proofreading and Editing	LLP244	24537	9/2-10/30	T, R	10:30 a.m.-12:35 p.m.	Bryant K. Davis	SR
Women in Literature	LLP246	24405	9/17-12/17	W	12-2:55 p.m.	Lynn M. Roessner-Ankney	SR
And the Winner Is: Best Foreign Films	LLP186	24816	9/19-10/24	F	10 a.m.-12:30 p.m.	Natasha Sacks	SR

Course Title	Course #	CRN #	Date(s)	Day(s)	Time	Instructor	Location
<b>Personal Enrichment</b>							
Bridge for Beginners	LLI942	24344	10/8-11/12	W	7-9 p.m.	David Dong	RC-MK 102
<b>Wellness</b>							
Building Bones and Muscle Strength	LLI641	24571	10/22-11/19	W	10-11 a.m.	Chris Harrison	RC-PE 121
Gentle Water Fitness for Muscle Tone and Cardio	LLI383	24340	9/8-12/1	M, W	9-9:50 a.m.	Kraig Kinsey	RC-PE Pool
Gentle Water Fitness for Muscle Tone and Cardio	LLI383	24569	9/9-12/2	T, R	10-10:50 a.m.	Kim Harris	GC-PG Pool
Line Dancing for Everyone	LLP149	24304	10/6-11/24	M	6-7 p.m.	Gizelle Merced	RC-PE 121
Tai Chi for Physical and Mental Well-being- Summer Fitness	LLI277	24343	10/8-11/12	W	2-3 p.m.	Glenn Moy	RC-PE 121

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Are you planning a trip to a Spanish-speaking country and would you like to improve your speaking and listening skills?

***Our World Languages program has the class for you!***

**Spanish Conversation Fundamentals for Travelers *NEW!***

Planning a trip to Mexico, Spain, or South America? This beginner-friendly course will help you feel more confident using Spanish while traveling. Learn practical vocabulary and simple phrases for real-life situations such as airports, hotels, and restaurants. Practice basic speaking and listening skills through fun, interactive lessons. You'll also explore the culture and customs of Spanish-speaking countries to enrich your travel experience. No previous Spanish experience is needed—just bring your curiosity and excitement for the journey! Textbook is required. Please see the MC Bookstore for details about textbooks. Please have the textbook at the first day of class. TWA

**Course: LAN314 22 Hours**

\$130 + \$169 fee = \$299; NMR add \$140

**Rockville Campus**

CRN#: 24700 12 Sessions T 9/16-12/9 1:15-3:15 p.m.

No class 11/25

**Would you like to teach for the Lifelong Learning Institute?**

Please email:

[mclli@montgomerycollege.edu](mailto:mclli@montgomerycollege.edu)

**Update Your Email and Contact Information**

Please contact customer service (240-567-5188) to update your email address or other contact information so you can receive the classroom instructions. Your instructor will contact you 3 days before the start of your LLI class to provide you with class information.

Please email: [mclli@montgomerycollege.edu](mailto:mclli@montgomerycollege.edu)

if you do not hear from instructor.

## Archaeology and World Cultures

### A Taste of History Tea **NEW!**

From ancient ceremonies to colonial revolutions, tea has shaped cultures, economies, and politics across the world. This course explores tea's journey from its Asian origins to its global spread, tracing how it fueled empires, inspired resistance, and created enduring rituals of taste and hospitality. We'll examine the cultural meanings of tea, its role in trade and conflict, and its reflection in modern movements for sustainability. Along the way, we'll savor the traditions and sensory pleasures that have made tea a symbol of both comfort and change. TWA

**Course: LLP241 10 Hours**

\$65 + \$89 fee = \$154; NMR add \$120

**Online: Structured Remote**

CRN#: 24401 5 Sessions M  
9/15-10/13 6:30-8:30 p.m.

### Introduction to Archaeology (CoL)

This course is an introduction to the discipline of archaeology. Learn how this discipline emerged slowly from explorations of ancient cultures to the science that it is today with accurate dating, archaeological data excavated with precision, theories that guide interpretation, and ethical concerns. The course also includes a survey of global prehistoric archaeological cultures. Note: You will be joining credit students in this co-listed credit class. This is a z-course all textbook materials are available at no cost for this section. Regular internet access is required for access to materials. For more information, see <https://www.montgomerycollege.edu/academics/mc-open/>. *Prerequisites: the students must fulfill the requirements for assessment level(s) ENGL 101/011 or an equivalent level of proficiency.* TWA

**Course: LLI802 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

**Rockville Campus**

CRN#: 24360 30 Sessions T R  
9/2-12/16 9:30-10:45 a.m.  
Use ANTH240 CRN 21861 to check the bookstore for materials.

## Art

### Acrylic Painting Basic Techniques

This course is designed to introduce the basic elements of painting to students with little or no experience, while working to attain an understanding of the painting medium. Utilize acrylic colors to explore the many ways paint can be handled, as well as how to prepare materials. Practice color, light, transparency/impasto, and composition through in-class exercises to learn to translate concepts into visual images. Bring supplies to first class. Supply list is available on the LLI website. TWA

**Course: LLI247 12 Hours**

\$95 + \$92 fee = \$187; NMR add \$120

**Rockville Campus**

CRN#: 24323 6 Sessions W  
10/15-11/19 10:30 a.m.-12:30 p.m.

### Amazing Photos with Your Phones and Tablets

Start with the basics of learning how to use a mobile phone camera; review the settings for optimal image capture; and explore pro tips and techniques of exposure, composition, and focus to produce the best results. Assess a select group of apps for image capture, processing, and display. Practice ways of transferring images from your mobile device to a computer. This class is designed for users of iOS and Android mobile devices. Some apps demonstrated may need to be purchased. Purchase of these apps are approximately \$20. TWA

**Course: LLI471 8 Hours**

\$64 + \$79 fee = \$143; NMR add \$120

**Online: Structured Remote**

CRN#: 24324 4 Sessions M  
11/3-11/24 6:30-8:30 p.m.

### Drawing with Pencils, Charcoal, or Pastels

This course will help you develop fundamental drawing skills. Learn basic techniques such as blocking in the composition with pencil, shading with charcoal, and using pastels to create vibrant color. Begin by drawing a still life and move onto landscape and portrait drawings from photographs. Examine these subjects using a variety of media (pencil, color pencils, charcoal, pastel, ink, and watercolor). This class is designed for students of any skill level. Supply list is available on the LLI website. TWA

**Course: LLI489 12 Hours**

\$95 + \$92 fee = \$187; NMR add \$120

**Rockville Campus**

CRN#: 24325 6 Sessions M  
10/20-11/24 6:30-8:30 p.m.

**For Instructors and Room Numbers, please see the At-a-Glance starting on page 3.**



## Intro to Figure Drawing

This course is designed to break down the drawing of the human body into manageable shapes, discussing proportions, explore how they work together in order to form an understanding of the human body, and how to draw figures accurately. Students will increase understanding and awareness of the human body's structure, demonstrate increased confidence and skill in the application of human figure drawing techniques, and illustrate the human figure in various poses using proper proportion and positioning. Bring supplies to first class. Supply list is available on the LLI website. TWA

**Course: LLI186 12 Hours**  
\$92 + \$95 fee = \$187; NMR add \$120

### Silver Spring/Takoma Park Campus

CRN#: 24837 6 Sessions F  
10/15-11/19 10 a.m.-12 p.m.

## Landscape and Cityscape Photography

Learn the fundamentals of taking photographs of outdoor scenic spaces including both city-scapes and classic landscapes. Develop compositional and exposure techniques for creative framing and dealing with tricky lighting situations. TWA

**Course: LLI937 8 Hours**  
\$64 + \$84 fee = \$148; NMR add \$120

### Online: Structured Remote

CRN#: 24326 4 Sessions M  
9/22-10/13 6:30-8:30 p.m.

## Pencil Drawing Nature

This course is the beginning/intermediate level of the pencil drawing class. It is designed to develop students' skills in identifying and implementing proper drawing and shading techniques while learning to draw flowers, plants, trees, animals, and landscape scenes. Photographs will be used. Individual guidance is essential in the learning process and will be provided during each class to ensure personal growth. TWA

**Course: LLP175 12 Hours**  
\$95 + \$97 fee = \$192; NMR add \$120

### Gaithersburg Business Training Center

CRN#: 24301 6 Sessions R  
10/23-12/4 10:30 a.m.-12:30 p.m.  
No class 11/27

## The Art of Pencil Drawing

Examine drawing as a fundamental artistic skill. Experience and learn steps of drawing/sketching objects from photographs still life, landscapes, and portrait. Learn the drawing process of different objects, shapes, and textures, while learning drawing and shading techniques in pencil media only. Instructor provides close individual guidance in class to ensure artistic skills growth. TWA

**Course: LLI792 12 Hours**  
\$45 + \$92 fee = \$137; NMR add \$120

### Rockville Campus

CRN#: 24330 6 Sessions T  
9/16-10/21 10:30 a.m.-12:30 p.m.

## The Art of Sketching

Whether you are an avid sketcher or new to the art, sketching allows you to record events such as a trip to a foreign land, a tour of a local garden, or a special occasion such as a birth or anniversary. Examine different types of sketches, such as drawings or quick paintings. Explore adding short captions, notes, parts of conversations, and observations to create a journal. Utilize sketches to plan an organic garden, create a preliminary drawing for a painting or portrait, or provide an outlet for discovering solutions to a variety of problems. Learn how to improve your observational skills while sketching with pen, pencil, or watercolor. You will have an opportunity to sketch outside. Bring supplies to the first class. Supply list is available on the LLI website. TWA

**Course: LLI491 12 Hours**  
\$95 + \$92 fee = \$187; NMR add \$120

### Rockville Campus

CRN#: 24337 6 Sessions R  
10/16-11/20 6:30-8:30 p.m.

## Watercolor Techniques I

Explore the beauty and magic of watercolor painting through a structured series of exciting classes that focus on basic watercolor techniques. Learn techniques of various washes, 'wet-on-wet,' and dry brush on wet and dry paper by watching the instructor demonstrate before performing the technique yourself. Basic drawing will be reviewed as needed. Practice the techniques by painting from a still life or photo. Creation of an individual style is encouraged. Bring supplies to the first class. Supply list is available on the LLI website. TWA

**Course: LLI609 12 Hours**  
\$95 + \$92 fee = \$187; NMR add \$120

### Gaithersburg Business Training Center

CRN#: 24570 6 Sessions M  
9/15-10/20 10:30 a.m.-12:30 p.m.

☆ **Become a Star** ☆  
**Showcase Your Work**

Please email: [mcilli@montgomerycollege.edu](mailto:mcilli@montgomerycollege.edu)



## Art History

### Art and Architecture of Baltimore Discovering the Treasures of "Charm City"

**New Content!** Re-discover some of the art and architecture in Baltimore "Charm City." Explore the superb Walters and Baltimore Art Museums. Discover which architects left their mark on Baltimore in buildings such as Johns Hopkins Hospital or the Meyerhoff Symphony Hall. Learn about the "painted screens" on doors in neighborhoods such as Highlandtown. Discuss the early history of Baltimore and the significant time periods when Baltimore was at her peak/decline. TWA

**Course: LLI763 6 Hours**

\$45 + \$72 fee = \$117; NMR add \$120

**Online: Structured Remote**

CRN#: 24354 3 Sessions R  
9/25-10/9 10:30 a.m.-12:30 p.m.

**Rockville Campus**

CRN#: 24353 3 Sessions R  
9/25-10/9 10:30 a.m.-12:30 p.m.

### Between the Wars: Art and Architecture from 1918-1941 **NEW!**

Do you want to experience a new way of looking at "traditional" styles of painting, design, and architecture? The years from 1918-1942 shattered many lives as well as norms. Europe had to be rebuilt. Russia was undergoing a revolution. Spain, a civil war (witness Picasso's Guernica). Artists reflected these events, especially in their art. It was the era of Art Deco (100 years this year). How about the programs developed by the Federal Government to aid artists? Consider the murals decorating your local school or library. The Bauhaus (1919-1933) movement was especially important in the development of utilitarian objects. Have you rested in a Breuer or Barcelona chair? These years were exciting times in the art world—even though they were trying times for individuals contending with WWI and the chaos that ensued.

**Course LLP268 10 Hours**

\$69 + \$92 = \$161 NMR add \$120

**Rockville Campus**

CRN#: 24606 5 Sessions R  
10/23-11/20 10:30 a.m.-12:30 p.m.

**Online: Structured Remote**

CRN#: 24607 5 Sessions R  
10/23-11/20 10:30 a.m.-12:30 p.m.

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.

## Diego Velasquez

Explore the style and characteristics of Spanish Baroque paintings by Diego Velasquez. Discuss his use of dramatic lighting, dynamic compositions, and his fascination with the reality of the human condition. Analyze Velasquez's influence on Edouard Manet and Pablo Picasso. TWA

**Course: LLI398 6 Hours**

\$45 + \$72 fee = \$117; NMR add \$120

**Rockville Campus**

CRN#: 24355 3 Sessions R  
11/6-11/20 10:30 a.m.-12:30 p.m.

### Early Renaissance—Birth of Painting in Italy **NEW!**

This course will focus on the most celebrated painters of the Early Renaissance in Italy, such as Masaccio, Piero Della Francesca, and Andrea Mantegna, among others. Their illusionistic style in pursuit of naturalistic representation of reality revolutionized Western art. We will examine the most important masterpieces and their artistic innovations in multiple genres. TWA

**Course: LLP251 6 Hours**

\$59 + \$74 fee = \$133; NMR add \$120

**Rockville Campus**

CRN#: 24411 3 Sessions W  
9/10-9/24 12:30-2:30 p.m.

## Paul Gauguin

**New Content!** This class will look at Paul Gauguin's life and cover his most important works from both his French and Polynesian periods, his reliance on Camille Pissarro, Paul Cezanne, Vincent Van Gogh, and others. We will discuss his stylistic evolution towards stylization, primitivism, flatness, and the fusion of any and all cultural borrowings in his works. TWA

**Course: LLP238 6 Hours**

\$59 + \$74 fee = \$133; NMR add \$120

**Rockville Campus**

CRN#: 24319 3 Sessions R  
9/25-10/9 10:30 a.m.-12:30 p.m.

### Missing Your Zoom Link?

Your instructor will contact you 3 days before the start of your LLI class to provide you with class information. If you do not receive your link, please check your spam folder. If it is not there, email both of us, the day before your class starts.

Email: [mccli@montgomerycollege.edu](mailto:mccli@montgomerycollege.edu)

## Brain Fitness Institute

### Memory Academy Train Your Brain to Retain!

Have you experienced 'senior moments'? Struggled to remember where you placed your car keys, or experienced that 'tip of the tongue' feeling when trying to recall someone's name? Discuss what memory is and how it works. Learn new techniques on how to remember what you did in the past; put names to faces; and remember lists, errands, or other things you need to do. Examine your individual learning style and the technique that works best for your style in order to improve your memory. Practice applying learned memory techniques to real life situations. This program originated with the UCLA Center on Aging and is taught by a Holy Cross Hospital memory specialist. This course is not intended for individuals diagnosed with dementia, Alzheimer's disease, or other cognitive impairments. TWA

**Course: LLI396 10 Hours**

\$65 + \$89 fee = \$154; NMR add \$120

**Online: Structured Remote**

CRN#: 24356 5 Sessions F  
10/17-11/14 1-3 p.m.

## Careers and Employment 50+

### Thriving in Retirement

Are you nearing retirement and do not have a clue about what to do at this stage of life? Are you searching for ways to have a more fulfilling retirement? Identify and set your path in the right direction. Discuss your goals and preferences, examine successful retirement models or success stories; learn about resources in the community that can keep you engaged with community, civic, cultural, and learning opportunities. Examine the steps to positive emotional adjustment with self-satisfaction and personal growth. Explore options that are right for you. Some options discussed might include: entrepreneurship; pursuing the "Dreams Deferred;" returning to school or enhancing transferrable skills in order to transition to a new career, travel, or volunteer. No financial information is covered in this course. TWA

**Course: LLI272 6 Hours**

\$59 + \$74 fee = \$133; NMR add \$120

**Online: Structured Remote**

CRN#: 24801 3 Sessions R  
11/6-11/20 6:30-8:30 p.m.

## Computers and Technology

### Computer Skills for Beginners

Gain confidence as you are introduced to various hardware, software, and storage devices. Define basic computer concepts and terminology. Learn to navigate the desktop or laptop, textboxes, windows, toolbars, and taskbars. Examine the Windows Control Panel to identify settings and customize controls. Explore files and learn to browse, open, and rename a file. Practice creating new folders, and to copy and move files into these folders. Use Microsoft Word to create, edit, and print out a document. Discuss email and web mail, including how to open and save email attachments. Explore the internet and learn how to find information. Learn steps you can take to be safe while online. TWA

**Course: LLI790 12 Hours**

\$21 + \$78 fee = \$99; NMR add \$50

**Rockville Campus**

CRN#: 24572 6 Sessions T  
9/16-10/29 1:30-3:30 p.m.  
No class 10/7

CRN#: 24349 6 Sessions W  
10/22-12/3 10:30 a.m.-12:30 p.m.

### Computer Skills Beyond Beginner

The class will cover the next level of Windows functions. You will learn how to organize files and folders, search for items on your computer, and how to protect the computer from malware. Using MS Word, you will continue exploring the Word interface, edit, copy and paste, and find and replace text. Learn how to enhance the appearance of a document by using various formatting options, adjusting page layout, and proofing and printing documents. In Excel, you will explore the Excel interface and learn how to navigate the spreadsheet. In addition, you will create a spreadsheet, edit, copy, and paste data, find and replace text, and format options. TWA

**Course: LLP115 12 Hours**

\$21 + \$78 fee = \$99; NMR add \$50

**Rockville Campus**

CRN#: 24317 6 Sessions R  
10/16-11/20 1:30-3:30 p.m.

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.

## Criminal Justice

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### Contemporary Issues (CoL)

This course focuses on contemporary issues, trends, and practices in the criminal justice field. TWA

**Course: LLP219 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

**Online: Distance Learning**

CRN#: 24322 30 Sessions T R

9/2-12/16 11 a.m.-12:15 p.m.

Use CCJS244 CRN 21988 to check the blackboard for materials

### Criminal Justice Special Topic (CoL)

Topics of special interest such as social justice and deviant behavior, comparative criminal justice and criminology, victimology, and violence in America will be offered. *Prerequisite: CJS 110, SOCY 100, or consent of department.* TWA

**Course: LLP242 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

**Rockville Campus**

CRN#: 24402 14 Sessions F

9/5-12/12 10 a.m.-12:40 p.m.

Use CCJS259 CRN 23186 to check the blackboard for materials

## Culinary Arts

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### Artisanal Chocolates and Tempering

**New Content!** The ultimate hostess gift, a box of hand-made chocolates is sure to impress. Under the tutelage of a 5-star pastry chef, learn the ways of chocolate tempering, molded and free-form chocolates, truffles, and caramel fillings. We'll decorate and wrap your chocolates to make your own showcase-worthy signature collection.

**Course: LLP193 2.5 Hours**

\$25 + \$35 fee = \$60; NMR add \$50

**Rockville Campus**

CRN#: 24308 1 Session M

10/20 6-8:30 p.m.

## Mastering Macarons

**New Content!** Love macarons, but find them intimidating to make? Under the tutelage of a 5-star pastry chef, demystify these beloved, elegant, yet temperamental cookies and make your own. Learn why humidity, oven temperature, and method can make or break your macaron treats. Through hands-on instruction, practice proper macaronnage technique, piping skills, as well as filling and presentation options. Macaron success is within your reach!

**Course: LLP194 2.5 Hours**

\$25 + \$35 fee = \$60; NMR add \$50

**Rockville Campus**

CRN#: 24309 1 Session M

9/22 6-8:30 p.m.

### Stunning Holiday Desserts

**New Content!** Be the most popular guest at the holiday party when you walk in the door with your own Croque-en-bouche or Buche de Noel. Under the tutelage of a 5-star pastry chef, explore the methods and techniques to construct these timeless desserts. We'll learn the nuances of choux paste, sugar caramelization, buttercream method, basic chocolate tempering, assembly, and decoration, as well as storage of your masterpieces. This class is offered at the Marriott's Kitchen.

**Course: LLP199 2.5 Hours**

\$25 + \$35 fee = \$60; NMR add \$50

**Rockville Campus**

CRN#: 24311 1 Session M

12/8 6-8:30 p.m.

## History and Current Events

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### America's First Ladies: The Evolving Role & Traditions

Explore the fascinating history of our first ladies in the 20th century—including, among others, Ida McKinley, whose turn as first lady was marked by the tragic assassination of her husband; Edith Wilson, who married the widowed President Wilson during his first term and who would play an important role in his administration after he suffered a stroke; Eleanor Roosevelt, a diplomat and activist in her own right who changed the role of First lady and Lady Bird Johnson, who broke further ground by interacting with congress and doing a solo electioneering tour. TWA

**Course: LLP154 10 Hours**

\$69 + \$92 fee = \$161; NMR add \$120

**Online: Structured Remote**

CRN#: 24527 5 Sessions M

9/15-10/13 10:30 a.m.-12:30 p.m.

**Rockville Campus**

CRN#: 24320 5 Sessions M

9/15-10/13 10:30 a.m.-12:30 p.m.

For Instructors and Room Numbers, please see the At-a-Glance starting on page 3.

An Insight Into Politics and Current Events

**New Content!** We will have a new President in 2025. Our domestic and foreign agendas will be markedly different depending upon whether Donald Trump or Kamala Harris is sitting in the White House. Irrespective of which leader we have, there are foreign issues to tackle, such as the War between Russia and Ukraine, and the broadening Middle East conflagration. Sitting in the background is the power of China casting an eye toward Taiwan and toward economic power. On the domestic front, there will still be issues on the southern border, with immigration in general, with abortion rights and other constitutional issues and with the Supreme Court. There will continue to be tension between the two political parties. Join your classmates every two weeks to discuss these issues and many more. All viewpoints are welcome and respectfully debate is encouraged. TWA

**Course: LLI511      12 Hours**  
\$75 + \$97 fee = \$172; NMR add \$120

**Online: Structured Remote**  
CRN#: 24670      6 Sessions      W  
9/17-12/3      10:30 a.m.-12:30 p.m.

Cabinets of Curiosity: Collecting the Wonders of the World **NEW!**

Long before modern museums, collectors sought to gather the wonders of the world into private cabinets of curiosity. This course explores the origins and meaning of these collections, which combined art, nature, science, and mystery into dazzling displays of knowledge and imagination. We will examine how cabinets reflected early modern Europe’s exploration of the globe, changing ideas about science and religion, and the desire to possess and categorize the unknown. We will discuss how these collections laid the foundations for today’s museums and shaped the modern understanding of discovery. TWA

**Course: LLP252      10 Hours**  
\$69 + \$92 fee = \$161; NMR add \$120

**Online: Structured Remote**  
CRN#: 24415      5 Sessions      R  
10/23-11/20      1-3 p.m.

**Rockville Campus**  
CRN#: 24412      5 Sessions      R  
10/23-11/20      1-3 p.m.

Consider making a donation to the emergency funds for MC students.  
Visit [montgomerycollege.edu/onlinegiving](https://montgomerycollege.edu/onlinegiving) and click on “student emergency assistance” in the dropdown menu.

Catherine the Great: How to Seize a Throne and Change History **NEW!**

Catherine the Great wasn’t born to rule Russia, but through political savvy, bold alliances, and an iron will, she overthrew an emperor and reshaped a nation. This course explores how Catherine blended Enlightenment ideals with absolute power, expanded Russia’s borders through war and diplomacy, and crafted a powerful Russian identity despite her German origins. We’ll dive into her sweeping reforms, the contradictions of her rule, and her lasting legacy as a symbol of both progressive ambition and imperial conquest. Catherine’s story reveals the art of ruling—and surviving—at the highest stakes. TWA

**Course: LLP256      10 Hours**  
\$69 + \$92 fee = \$161; NMR add \$120

**Online: Structured Remote**  
CRN#: 24427      5 Sessions      R  
10/2-10/30      10 a.m.-12 p.m.

**Rockville Campus**  
CRN#: 24426      5 Sessions      R  
10/2-10/30      10 a.m.-12 p.m.

Ottomans **NEW!**

The Ottoman Empire ruled over the Middle East and the Balkans for over six centuries. This course explores the origin of the empire, the spread of its culture, and its impact on all its geographic reaches from its original corner of Anatolia in the 13th century to the doors of Vienna. We will also analyze the Ottoman imperial experience in relation to previous Muslim and Byzantine imperial traditions. We will also discuss the early modern and modern era transformation of the Ottoman Empire, and its legacy for contemporary Eastern Europe, the Middle East, and North Africa until its fall during WWI. TWA

**Course: LLP254      12 Hours**  
\$75 + \$97 fee = \$172; NMR add \$120

**Online: Structured Remote**  
CRN#: 24423      6 Sessions      W  
10/21-11/25      12:30-2:30 p.m.

**Rockville Campus**  
CRN#: 24422      6 Sessions      W  
10/22-12/03      12:30-2:30 p.m.

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.



## Rewriting the U.S. Constitution **NEW!**

Do you believe that the U.S. Constitution, written in the late 18th Century and amended only 27 times, is outdated? Would you like to rewrite the Constitution to make it more relevant to modern times? Join with other students to craft a new document. You can consider doing away with the Electoral College, making Congress more responsive, defining the limits of Presidential power, addressing abortion rights, free speech, freedom of religion, the right to bear arms, and 100 other possible topics. The work will be largely performed in six two-hour in-person class sessions though there may be a little outside work. TWA

**Course: LLP257 12 Hours**

\$75 + \$97 fee = \$172; NMR add \$120

### Rockville Campus

CRN#: 24428	6 Sessions	T
9/30-11/4	1:30-3:30 p.m.	

## Social Problems and Issues (CoL)

An analysis of social problems such as social inequality, urbanization, crime, demographic change, terrorism, and environmental issues. Sociological theory and research are used to examine the impact of globalization, culture, institutions, ideology, social policy, and social movements on various societal issues. Assessment Level(s) ENGL 101/ENGL 011. TWA

**Course: LLP243 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

### Rockville Campus

CRN#: 24403	30 Sessions	T R
9/2-12/16	9:30-10:45 a.m.	

Use SOCY105 CRN 20760 to check the bookstore for materials.

## Update Your Email and Contact Information

Please contact customer service (240-567-5188) to update your email address or other contact information so you can receive the classroom instructions. Your instructor will contact you 3 days before the start of your LLI class to provide you with class information. Please email: [melli@montgomerycollege.edu](mailto:melli@montgomerycollege.edu) if you do not hear from instructor.

## The History of Television in the United States Prior to the Advent of Cable

Do you remember when television was presented in black and white with only three national networks? Explore the early days of television up until the time of the cable television explosion through an examination of the three major networks and their local affiliates, the transition from black and white to color, and the types of programming offered. Learn how television covered the major events of the day such as the Cuban Missile Crisis and the assassinations that occurred during the 1960s. Discuss topics such as the advent of public television broadcasting and even music from television shows. The focus will be on news, sports, entertainment, situation comedies, dramas, and westerns. TWA

**Course: LLI002 12 Hours**

\$69 + \$92 fee = \$161; NMR add \$120

### Rockville

CRN#: 24673	6 Sessions	R
10/9-11/13	1:30-3:30 p.m.	

## The Mapmakers: How Maps Created the Modern World **NEW!**

Maps do more than represent the world — they shape how we understand it. This course traces the history of cartography, from early medieval world maps to the golden age of exploration and the political map-making of modern empires. Along the way, we will explore how maps reflected cultural values, religious beliefs, and power struggles, as well as how errors, myths, and imagination often made their way into official records. Using beautiful historical examples, we will examine maps as tools of discovery, domination, and wonder. No previous knowledge of geography required — only a curiosity about how humans have pictured their world. TWA

**Course: LLP253 10 Hours**

\$69 + \$92 fee = \$161; NMR add \$120

### Online: Structured Remote

CRN#: 24417	5 Sessions	W
9/17-10/15	10:30 a.m.-12:30 p.m.	

### Rockville Campus

CRN#: 24416	5 Sessions	W
9/17-10/15	10:30 a.m.-12:30 p.m.	

For Instructors and Room Numbers, please see the At-a-Glance starting on page 3.

## Home and Garden

### Dazzling Floral Arrangements and Designs for Home and Office

Learn how to purchase, process, and care for fresh flowers purchased from the supermarket, farmers market, and florist. Discuss the basic tools and containers available to create beautiful floral arrangements. Demonstration of four to six floral designs using supermarket purchases with simple tools and techniques. You will have to pay the instructor \$20 for supplies and flowers. There are no refunds on supplies once the class starts.

**Course: LLP118 5 Hours**

\$59 + \$59 fee = \$118; NMR add \$120

#### Rockville Campus

CRN#: 24306 2 Sessions S  
12/6-12/13 10:30 a.m.-1 p.m.

### Garden Design

Do you ever wish you could have a beautiful home garden? In this course, garden enthusiasts and homeowners will examine the basics of garden design. You will discuss current garden trends; and how to integrate the architecture of your home/buildings into the landscape for a cohesive overall design. You will focus on using plants and materials that are suitable for the Mid-Atlantic region to create a garden design suitable for your own home. TWA

**Course: LLI519 8 Hours**

\$59 + \$79 fee = \$138; NMR add \$120

#### Rockville Campus

CRN#: 24345 4 Sessions T  
9/23-10/14 7-9 p.m.

### Getting Started with Chicken Keeping and Eggs **NEW!**

Can you taste the difference between farm-fresh eggs? Why are there differences in yolk color? Do chicken eggs come in various colors, including blue, green, pink, white, light brown, dark brown, and purple, and why? Do chickens have personalities? Is it hard to keep chickens? Learn the answers to these questions and many more. See for yourself the edible eggs from at least 4 different farm birds, and learn about their differences in cholesterol, nutrients like Selenium, and sheer size! After this class, you should be able to assess whether you want a small flock of 4 chickens in your yard, or 80 chickens for selling eggs and eating bugs. TWA

**Course: LLP262 8 Hours**

\$64 + \$84 fee = \$148; NMR add \$120

#### Rockville Campus

CRN#: 24529 4 Sessions F  
9/19-10/10 12:30-2:30 p.m.

### Orchids: How to Grow and Bloom

Discover how to be successful with orchid selection in the home environment. Learn how to purchase, care, transplant, and water your orchids. Discuss how to rebloom your orchid, when to fertilize, and when to root prune.

**Course: LLI022 3 Hours**

\$15 + \$15 fee = \$30; NMR add \$30

**Online: Structured Remote**

CRN#: 24346 1 Session S  
11/8 1-4 p.m.

### Regenerative Agriculture for the Small Farmer or Hobbyist **NEW!**

Is "organic" healthier, and what does it mean to be "organic" anyway? Explore the terms, concepts, and practices that are seen on the market shelves, at farmers' markets, and even on the news to gain an understanding of how to apply this information in your shopping lists, but also in your garden. Can using Regenerative Agricultural practices truly improve soil health, and therefore food nutrition, while not hurting the environment? What are the downsides? We will discuss some of the terms that are often seen, but not often operationally defined, on their own, as well as in the context of what educated consumers can do both with their desire to grow produce, and to understand where their food comes from. This topic is not a new one, so we will also place these terms within historical context and analyze the gardening/farming trends as a function of history's demands, e.g. freeing of enslaved people necessitates inventing machinery, going to war led to the government's ask for Victory Gardens, farmers' need to make more money leads to single crop planning. You will learn tips and tricks to take home, along with some seeds if you want, as part of your growth! TWA

**Course: LLP258 10 Hours**

\$69 + \$92 fee = \$161; NMR add \$120

#### Rockville Campus

CRN#: 24429 5 Sessions F  
10/24-11/21 12:30-2:30 p.m.

**Would you like to teach for the Lifelong Learning Institute?**

Please email [mcilli@montgomerycollege.edu](mailto:mcilli@montgomerycollege.edu)

## THAT Grows Here? Gardening Beyond the Basics **NEW!**

"There is only so much zucchini, tomatoes, peppers, and cucumbers that anyone can eat. What else can I grow?" These two sentences are often followed with, "Why bother anyway, when the deer and squirrels are going to eat almost all of it?" This class will teach you about what else can be grown in our Zone 7b, some of the history behind these plants, and why they are more challenging and rewarding than other "typical" garden components. We will cover ways to plan a garden with these less common plants, such as sorghum, luffa, and goji berries, as companions, and how to keep predators away. TWA

**Course: LLP261 10 Hours**

\$69 + \$92 fee = \$161; NMR add \$120

### Rockville Campus

CRN#: 24528      5 Sessions      T  
10/7-11/4      12:30-2:30 p.m.

## Woody Ornamentals for the Mid-Atlantic Region

The course will discuss the options for trees and shrubs for use in the Mid-Atlantic residential landscape. We will discuss the need to eliminate the use of invasive species in our region, as well as options to replace these too common species within our landscape. The course covers both native species and select non-native species, and the need to choose woody ornamentals as a long term investment. Emphasis will be placed on species native to the region better suited to the residential site. and how proper selection of species reduces the need for pruning and reduces the maintenance required. There will be a focus on how to create living low maintenance gardens that will endure. Additional content includes the need for soil and water testing prior to planting and how to access testing facilities as well as the Tree Montgomery program, the Rain Garden program, and the Street Tree programs within Montgomery County. This course is designed for professional landscapers and/or volunteer/home gardeners. TWA

**Course: LLP153 5 Hours**

\$59 + \$74 fee = \$133; NMR add \$120

### Online: Structured Remote

CRN#: 24307      2 Sessions      T  
9/9-9/16      6:30-9 p.m.

## Human and Natural Science

### A Star is Born! Learn About the Life of Stars and Galaxies.

Surely you have looked up at the stars and wondered what they are! The sun gives us light, and perhaps you have wondered why that is so. Have you ever gazed up at the night sky in wonder and awe? Come learn some of the basics about how we have learned what is in the night sky, as we learn a little bit about the history of astronomy. We will explore the structure of our own star and then learn how scientists classify stars and what "kind" of star our sun is. We will delve into how galaxies form and find out how we know what we know about stars, galaxies, and the universe beyond. No science background needed! TWA

**Course: LLP271 6 Hours**

\$59 + \$74 fee = \$133; NMR add \$120

### Online: Structured Remote

CRN#: 24800      3 Sessions      R  
10/2-10/16      2:30-4:30 p.m.

### To Infinity and Beyond!

Have you ever gazed up the night sky in wonder and awe? Come learn some of the basics about how we have learned what is in the night sky as we learn a little bit about the history of observing planets and stars. Have fun learning how to identify a few constellations that we can see in the night sky in the late winter and early spring and learn some cool facts about the stars that make up these constellations and the mythology from different cultural perspectives behind them. Visit a local planetarium and then enjoy a "Star Party" as we look at the night sky using telescopes. Learn more about the current research being done as the James Webb Space Telescope sends us back incredible images from space. No science background needed! TWA

**Course: LLP229 8 Hours**

\$64 + \$84 fee = \$148; NMR add \$120

### Online: Structured Remote

CRN#: 24799      4 Sessions      F  
9/26-10/17      10:30 a.m.-12:30 p.m.

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.

**For Instructors and Room Numbers, please see the At-a-Glance starting on page 3.**

# Literature and Writing

## And the Winner Is: Best Foreign Films

This course explores the most interesting visual storytelling from around the globe. Watch and discuss some of the most acclaimed foreign films of the last sixty-five years ranging from Oscar winning Italian classics like Vittorio de Sicca’s Yesterday, Today & Tomorrow (1964) to nominated Best Foreign films like Paul Verhauven, Soldier of Orange (Netherlands, 1977), Pedro Almodovar’s Women On The Verge of a Nervous Breakdown (1988, Spain) & Régis Wargnier’s East-West (France, 1999). We close our journey with BAFTA-winner Damian Szifron’s Wild Tales (Argentina, 2014) & the 2021 Oscar winner Drive my Car (Ryusuke Yamaguchi, Japan). All films will be available online or provided by the instructor.

**Course: LLP186      12 Hours**

\$75 + \$97 fee = \$172; NMR add \$120

**Online: Structured Remote**

CRN#: 24816      6 Sessions      F  
9/19-10/24      10:30 a.m.-12:30 p.m.

## Advanced Creative Writing of Fiction (CoL)

An advanced workshop designed to raise a student’s work to a professional level for eventual publication. Manuscripts are analyzed in class discussion with emphasis on the finer elements of narrative, characterization, dialogue, and pacing. Techniques of novella and novel writing are presented. The work of established mainstream and genre writers is also scrutinized to heighten awareness of various literary approaches. *Prerequisites: ENGL 264 or the equivalent or consent of instructor based upon a writing sample.* May not be taken concurrently with other fiction writing courses. May be repeated for credit. TWA

**Course: LLP245      37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

**Online: Structured Remote**

CRN#: 24404      12 Sessions      T  
9/23-12/9      6-8:55 p.m.  
Use ENGL265 CRN 23647 to check the bookstore for materials.

## Americans in Paris: The Expat Literary Scene of the 1920s **NEW!**

Join this class as we travel back in time to Paris in the 1920’s and discover an enclave of American writers (and artists and thinkers) whose work still resonates today. Consider the salon culture that flourished, bringing together Gertrude Stein, Ernest Hemingway, F. Scott Fitzgerald, and others who would come to represent “The Lost Generation.” Examine the literary and arts scene on both sides of the Atlantic, and assess the way in which these artists both exemplified the ideas and life experiences of their era and influenced the evolution of modern literature. TWA

**Course: LLP259      12 Hours**

\$75 + \$97 fee = \$172; NMR add \$120

**Online: Structured Remote**

CRN#: 24431      6 Sessions      M  
11/3-12/8      10:30 a.m.-12:30 p.m.

## Critical Reading, Writing, & Research in the Workplace (CoL)

Studies in argumentation and research in the workplace. A second of two sequential freshman composition courses, this course is designed to help students understand the processes and products associated with writing used in technology and business. Emphasis will be on the writing process, including writing to different audiences and supporting claims persuasively with appropriate evidence and detail. Students will write a variety of reports, documentation, and proposals, employing a range of stylistic options. The course will include an introduction to the rules for integrating visual aids into technical documents and a major research project focusing on developing an appropriate research question, conducting scholarly research, and incorporating information into writing with the proper conventions of citation. *Prerequisites: A grade of C or better in ENGL 101/ENGL 011 or consent of department.* TWA

**Course: LLP247      37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

**Takoma Park/Silver Spring Campus**

CRN#: 24406      25 Sessions      M W  
9/15-12/10      1-2:30 p.m.  
Use ENGL103 CRN 21780 to check the bookstore for materials.

For Instructors and Room Numbers, please see the At-a-Glance starting on page 3.

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.



## Examining the Short Story

**New Content!** How is it that the shortest of stories can contain worlds of meaning? Short stories are poetic and compressed works of fiction that engage our imagination and empathy. Join this class to analyze stories representative of a variety of eras and cultures. We will identify the elements of short fiction; examine matters of craft; and determine what the author wants readers to understand, or ask, after reading their story. Text *The Norton Anthology of Short Fiction* (shorter 7th edition) Bausch and Cassill, eds. TWA

**Course: LLP197 12 Hours**

\$75 + \$97 fee = \$172; NMR add \$120

**Online: Structured Remote**

CRN#: 24432 6 Sessions M  
9/8-10/13 10:30 a.m.-12:30 p.m.

## Film and Literature (CoL)

This course is a comparative study of films and literature with special attention given to the practical and theoretical problems of adapting literature to film and the basic differences between the two. Explore how character development, plot, narrative, symbols, and language are translated from literary texts to film, and considers the limitations of film adaptation. Read, analyze, and respond critically to texts in class discussions, examinations, and essays. Note: you will be joining credit students in this co-listed credit class. The students must fulfill the requirements for assessment level(s) ENGL 101/011 or an equivalent level of proficiency. TWA

**Course: LLI984 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

**Germantown Campus**

CRN#: 24362 14 Sessions T  
9/2-12/2 2-4:40 p.m.

Use ENGL235 CRN 23531 to check the bookstore for materials.

## Literary Cafe

New Content! What is the appeal of a discussion class in which participants share their reading experiences? This course provides a community of readers who, guided by the instructor, have an opportunity to deepen their relationship with different types of literature. The instructor fosters an environment in which close, analytical reading of the text and mutual respect lead to a greater awareness of the text's intentions. TWA

**Course: LLI707 12 Hours**

\$75 + \$97 fee=\$172, NMR add \$120

**Online: Structured Remote**

CRN#24605 6 Sessions R  
10/9-12/18 2-4 pm

## Masterpieces of Asian Literature (CoL)

Epics, drama, poetry, stories, novels, and essays of Near East, Southeast, and Far East Asia. Students read basic texts for class discussion and prepare papers in areas with special appeal to themselves. *Prerequisites: A grade of C or better in ENGL 101 or ENGL 101A or consent of department. Three hours lecture/discussion each week. TWA*

**Course: LLP250 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

**Online: Structured Remote**

CRN#: 24410 15 Sessions M  
9/15-12/22 10 a.m.-12:30 p.m.

Use ENGL205 CRN 23245 to check the bookstore for materials.

## Storytellers and Strangers: Jewish Characters in Literature **NEW!**

Jewish characters have appeared in Western literature for centuries, often carrying complex cultural and symbolic meanings. This course examines key portrayals from early works like Shakespeare's *The Merchant of Venice* to later, more sympathetic depictions in novels such as George Eliot's *Daniel Deronda* and Isaac Bashevis Singer's short stories. We will also explore contemporary reimaginings of Jewish identity in modern literature, such as Nicole Krauss's *The History of Love*. Along the way, we will consider how literary treatments of Jewish figures have reflected broader themes of stereotype, assimilation, nationalism, and memory. We will examine how these characters embody both the fears and hopes of the societies that created them. TWA

**Course: LLP255 10 Hours**

\$69 + \$92 fee = \$161; NMR add \$120

**Online: Structured Remote**

CRN#: 24425 5 Sessions M  
11/10-12/8 10:30 a.m.-12:30 p.m.

**Rockville Campus**

CRN#: 24424 5 Sessions M  
11/10-12/8 10:30 a.m.-12:30 p.m.

## Update Your Email and Contact Information

Please contact customer service (240-567-5188) to update your email address or other contact information so you can receive the classroom instructions. Your instructor will contact you 3 days before the start of your LLI class to provide you with class information. Please email: [melli@montgomerycollege.edu](mailto:melli@montgomerycollege.edu) if you do not hear from instructor.

## Survey of American Literature I (CoL)

A survey of American Literature from its beginnings through the mid-19th century, focusing on representative works in poetry, fiction, the essay, drama and/or oral traditions studied in the context of the multicultural American experience. The course introduces recurrent themes in the scope of American literature and culture. Students read, analyze, and respond critically to texts in class discussions, examinations, and essays. (HUMD [GCP]) *Prerequisites: A grade of C or better in ENGL 101 or ENGL 101A or consent of department.* Three hours lecture/discussion each week. TWA

**Course: LLP249 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

### Rockville Campus

CRN#: 24409 25 Sessions T R

9/16-12/11 12:30-2 p.m.

Use ENGL211 CRN 22924 to check the blackboard for materials.

## Survey of British Literature 1 (CoL)

Examine British literature, including prose, poetry, and drama, from its beginnings circa the 9th century through the mid-18th century. Discuss works of major authors studied in their literary, historical, and sociopolitical contexts. Explore recurrent themes in the scope of British literature and culture. Students read, analyze, and respond critically to texts in class discussions, examinations, and essays. Note: you will be joining credit students in this co-listed credit class. TWA

**Course: LLI467 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

### Online: Distance Learning

CRN#: 24364 14 Sessions M

9/15-12/15 10:30 a.m.-1:10 p.m.

Use ENGL213 CRN 21209 to check the blackboard for materials.

## Survey of Latina/o/x Literature in US (CoL)

Through key drama, fiction, and poetry, this course offers a survey of Latina/o/x literature from its origins in the Spanish colonization of North America to the present, with an emphasis on the major themes and trends of creative writing sparked by the migration of Cubans, Dominicans, and Central Americans necessitated by political turmoil in the twentieth century and the Chicano and Nuyorican Movements in the 1960s and 1970s. Students read, analyze, and respond critically to texts by Puerto Rican, Cuban-, Dominican-, Mexican-, and Salvadoran-Americans in class discussions, examinations, and essays. Readings showcase the unique and diverse voices of Latina/o/x writers exploring the construction and complexity of identity; bilingualism and code-switching; the experiences of the colonial subject, the immigrant, the refugee, and the exile; borders literal and figurative; and the relationship between the writer's ancestral homeland and the United States. *Prerequisites: A grade of C or better in ENGL 101/ENGL 011 or ENGL 101 or consent of the department.* TWA

**Course: LLP248 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

### Online: Structured Remote

CRN#: 24408 15 Sessions M

9/15-12/22 10:30 a.m.-1 p.m.

Use ENGL228 CRN 22947 to check the blackboard for materials.

## Techniques of Proofreading and Editing (CoL)

For students in or preparing for careers that require them to proofread or edit material written by others. Emphasis is placed on the fundamental concepts of proofreading and editing, including copy marking, levels of editing, and procedures. *Prerequisites: A grade of C or better in ENGL 101 and ENGL 110, or consent of department.* TWA

**Course: LLP244 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

### Online: Structured Remote

CRN#: 24537 18 Sessions T R

9/2-10/30 10:30 a.m.-12:35 p.m.

Use ENGL258 CRN 21540 to check the blackboard for materials.

## Dedicate a Class

If you would like to dedicate a class in memory of a loved one or make a donation in your loved one's honor or memory or make a donation to the Lifelong Learning Institute in your loved one's memory please contact [mcilli@montgomerycollege.edu](mailto:mcilli@montgomerycollege.edu)

For Instructors and Room Numbers, please see the At-a-Glance starting on page 3.

## Women in Literature (CoL)

An introduction to literature by and about women from a multicultural perspective, focusing on women's diverse experiences and backgrounds. Representative texts are studied in their historical and socio-political contexts. Students read, analyze, and respond critically to texts in class discussions, examinations, and essays. *Prerequisites: A grade of C or better in ENGL 101 or ENGL 101A or consent of department.* TWA

**Course: LLP246 37.5 Hours**

\$402 + \$137.40 fee = \$539.40; NMR add \$885.60

**Online: Structured Remote**

CRN#: 24405 13 Sessions W

9/17-12/17 12-2:55 p.m.

Use ENGL208 CRN 23635 to check the blackboard for materials.

## Personal Enrichment

### Bridge for Beginners

Bridge is by far the greatest card game of all. It provides immense challenges and enjoyment for the rest of your life. This course is intended for newcomers to the game and players who haven't played in years. The 6-week course will cover the fundamentals of modern bidding, play of the hand, some defensive principles, and more.

**Course: LLI942 12 Hours**

\$60 + \$79 fee = \$139; NMR add \$120

**Rockville Campus**

CRN#: 24344 6 Sessions W

10/8-11/12 7-9 p.m.

## Personal Finance Academy

### Can Markets Exist Outside of Morality? **NEW!**

This course discusses the role of morals in a market economy. Does morality play an important role in a well-functioning economy and how does the free market compare to alternatives when it comes to moral outcomes.

**Course: PRF194 2 Hours**

\$15 + \$15 fee = \$30; NMR add \$30

**Rockville Campus**

CRN#: 24531 1 Session T

10/7 12:45-2:45 p.m.

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.

## Financial Planning for Women

Our comprehensive course helps women prepare for a successful retirement. We cover six hours of in-depth material. Our course will leave you with understandable and actionable steps you can take to improve your personal finances. Designed specifically for women, our course will prepare you to "take over the reins" financially. Part educational, part workshop, women can dig into their financial situations and prepare a net worth statement and budget. TWA

**Course: PRF192 6 Hours**

\$59 + \$74 fee = \$133; NMR add \$120

**Online: Structured Remote**

CRN#: 24559 2 Sessions R

11/6-11/13 6-9 p.m.

## Health Care Insurance for Retirement

This course will address the major components of retiree health care Medicare, Medicare Advantage Plans, and Long-Term Care. Health care costs typically rise at twice the inflation rate, so the course will also address ways to fund this expense through tax-advantaged plans. Determine the cost of supplemental coverage, evaluate your ability to pay for health care not covered by federal or state programs, and be able to project your health care expenses. The target audience for this course are those who are newly retired and those who plan to retire within two years. TWA

**Course: PRF139 6 Hours**

\$30 + \$69 fee = \$99; NMR add \$50

**Online: Structured Remote**

CRN#: 24145 3 Sessions M

10/13-10/27 4-6 p.m.

## Investing in the Thrift Savings Plan When Working and Retired

Are you a Federal Government employee or retired from federal service? Do you understand the ins and outs of the Thrift Savings Plan (TSP)? Learn about the differences in TSP investment funds, tax considerations, the Roth TSP option, short-term and long-term considerations, and withdrawal options. Discuss required minimum distributions and the Life Annuity option. This course is only relevant to TSP participants or Federal employees considering participation.

**Course: PRF155 3 Hours**

\$20 + \$20 fee = \$40; NMR add \$30

**Online: Structured Remote**

CRN#: 24148 1 Session M

11/10 6:30-9:30 p.m.

## Is Cryptocurrency Money? Understanding Money, Inflation and Cryptocurrency **NEW!**

Cryptocurrencies have been in the news almost from the introduction of Bitcoin. This course explains why traditional forms of money play such an important role in our economy and whether cryptocurrencies provide a viable alternative.

**Course PRF195 2 Hours**

\$15+ \$15 = \$30; NMR add \$30

**Online Structured Remote**

CRN# 24608 1 Session W  
9/17 5-7 p.m.

## Making Smart Investment Decisions

Making smart investment decisions can make a big difference over your life time and especially what you save for your retirement. With some basic understanding of investment products and risk and return, you can take steps to grow your nest egg. Discuss investment products, risk and return, volatility, and how fees can impact your portfolio. Learn the questions to ask before you invest, the red flags of fraud, and how to use the free resources on Investor.gov, the SEC's online portal for individual investors.

**Course: PRF178 1.5 Hours**

\$10 + \$10 fee = \$20; NMR add \$30

**Online: Structured Remote**

CRN#: 24147 1 Session W  
9/24 6:30-8 p.m.

## Mutual Funds

**Content:** Mutual Funds and Exchange Traded Funds (ETFs)  
Learn how to read a mutual fund prospectus and shareholder reports, and discuss how to compare mutual funds. Examine exchange-traded funds (ETFs) and understand how they differ from mutual funds. Discuss how to research and compare mutual funds using free resources and the importance of understanding your investment objectives and risk tolerance. Learn about free resources on Investor.gov, the SEC's online portal, and tips to avoid fraud.

**Course: PRF175 2 Hours**

\$15 + \$10 fee = \$25; NMR add \$30

**Online: Structured Remote**

CRN#: 24150 1 Session R  
11/6 6:30-8:30 p.m.

## Probate in Maryland An Overview for Executors-To-Be

An overview of the probate process in Maryland, and more specifically in Montgomery County, including a review of determining whether a probate is necessary; how to open a probate estate; how the estate is administered; and how the estate is closed. Explore the documents used by the Register of Wills; learn how to determine if an asset is a probate asset or a non-probate asset; and how to deal with claims and debts against the estate. Discuss the costs of probate, including the fees owed to the personal representative (executor) and attorneys. TWA

**Course: PRF033 5 Hours**

\$60 + \$65 fee = \$125; NMR add \$120

**Online: Structured Remote**

CRN#: 24152 2 Sessions R  
10/16-10/23 6:30-9 p.m.

## Rejuvenate Your Retirement

How long will your retirement income last? This course provides a fresh look at important financial topics relevant to adults entering, or already enjoying, retirement. Making your money last throughout retirement has never been more challenging. People are living longer and fewer retirees have traditional pensions, while interest rates are at all-time lows. Learn about important financial topics such as reducing taxes, assessing investment risk, exploring retirement income sources and investment options, planning for health care needs, and preparing your estate. TWA

**Course: PRF032 5 Hours**

\$25 + \$57 fee = \$82; NMR add \$50

**Online: Structured Remote**

CRN#: 24156 2 Sessions W  
10/22-10/29 1-3:30 p.m.

**Rockville Campus**

CRN#: 24154 2 Sessions R  
10/9-10/16 1-3:30 p.m.

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.

**For Instructors and Room Numbers, please see the At-a-Glance starting on page 3.**



## Retirement Finances—What You Need to Know

How much money will I need in retirement? Where will it come from? Whether you are getting ready for a future retirement or you are already in it, this course will address and provide strategies for all of your retirement planning. Topics include cash flow, insurance options, investments, and tax and estate considerations. Workbook and worksheets included. This course is not intended for those who have taken or are planning to take the Retirement Planning Today or Rejuvenate Your Retirement course. TWA

**Course: PRF149 6 Hours**

\$40 + \$69 fee = \$109; NMR add \$120

### Rockville Campus

CRN#: 24159	3 Sessions	W
10/8-10/22	1-3 p.m.	

## Retirement Planning Today

Learn about the many ways to save for retirement as well as the advantages and disadvantages of each. Discover how to save money on taxes, manage investment risks, and protect your assets from potential long-term health care expenses. Fee includes a course workbook and study aids. TWA

**Course: PRF169 6 Hours**

\$25 + \$57 fee = \$82; NMR add \$50

### Bethesda-Chevy Chase High School

CRN#: 24166	2 Sessions	W
10/29-11/5	6:30-9:30 p.m.	

### Gaithersburg Business Training Center

CRN#: 24168	2 Sessions	R
11/6-11/13	6:30-9:30 p.m.	

### Online: Structured Remote

CRN#: 24164	2 Sessions	R
10/16-10/23	6:30-9:30 p.m.	
CRN#: 24170	2 Sessions	W
11/12-11/19	6:30-9:30 p.m.	

### Rockville Campus

CRN#: 24163	2 Sessions	W
10/8-10/15	6:30-9:30 p.m.	

### Takoma Park/Silver Spring Campus

CRN#: 24560	2 Sessions	W
9/3-9/10	6:30-9:30 p.m.	
CRN#: 24563	2 Sessions	T
9/9-9/16	6:30-9:30 p.m.	

### Sherwood High School

CRN#: 24566	2 Sessions	M
10/20-10/27	6:30-9:30 p.m.	
CRN#: 24567	2 Sessions	T
10/21-10/28	6:30-9:30 p.m.	

### Tilden Middle School

CRN#: 24162	2 Sessions	T
9/30-10/7	6:30-9:30 p.m.	

## Stocks, Bonds, Mutual Funds, and ETFs Explained

Whether you manage your own investments or someone manages them for you, it is important to understand the different types of investments. In this course, an experienced investment advisor and Certified Financial Planner explains advantages and disadvantages of different investments, risks, ways to own investments, asset allocation, tax considerations, historical performance, and more. For instance, are Exchange Traded Funds (ETFs) better than mutual funds? TWA

**Course: PRF172 5 Hours**

\$50 + \$65 fee = \$115; NMR add \$120

### Online: Structured Remote

CRN#: 24160	2 Sessions	M
10/27-11/3	6:30-9 p.m.	

## Stocks An In-Depth Look

This course will provide students with tools to understand and evaluate stocks and review multiple strategies for using stocks in a personal portfolio. Topics include understanding U.S. and global economic cycles, how to evaluate a company's financial health, and how to use stocks for personal finances. Instructor cannot make stock recommendations. TWA

**Course: PRF147 8 Hours**

\$50 + \$75 fee = \$125; NMR add \$120

### Online: Structured Remote

CRN#: 24161	3 Sessions	M
10/6-10/20	6:30-9:10 p.m.	

## Wills and Estates

Take a deep dive into personal estate planning. Learn about the real differences between wills and revocable trusts; why everyone always needs a power of attorney and health care directives; and what it really means to go through Maryland probate (and how to avoid that if appropriate). Topics include the use (and misuse) of revocable living trusts, the pros, cons and dangers of joint ownership, the right way to make and receive gifts (and why there is a very wrong way), and the impact of the Federal estate tax and Maryland's two separate death taxes on your estate. TWA

**Course: PRF171 6 Hours**

\$60 + \$75 fee = \$135; NMR add \$120

### Online: Structured Remote

CRN#: 24173	2 Sessions	W
10/15-10/22	6:30-9:30 p.m.	
CRN#: 24175	2 Sessions	R
11/13-11/20	6:30-9:30 p.m.	

## Professional and Career Development

### Career Exploration Boot Camp

What are you good at? What are your natural and work-related strengths? Discover and match them with career areas in which you would be most successful. Choose to apply your skills to your career or volunteering and other life opportunities. Engage in a series of insightful individual and group exercises and conduct research into career areas of interest to you. Draft your career plan while being supported through your career exploration stage by your classmates and career coach. TWA

**Course: CRP013 12 Hours**

\$45 + \$59 fee = \$104; NMR add \$120

**Online: Structured Remote**

CRN#: 24215 4 Sessions R  
10/16-11/6 6:30-9:30 p.m.

## Wellness

### Building Bones and Muscle Strength

Learn ways in which to strengthen your bones and muscles and keep them healthy. Explore proper posture and exercising techniques to help avoid injuries. Practice balance exercises, using low hand and leg weights, and resistance training to increase muscle strength and bone density.

**Course: LLI641 5 Hours**

\$30 + \$49 fee = \$79; NMR add \$50

**Rockville Campus**

CRN#: 24571 5 Sessions W  
10/22-11/19 10-11 a.m.

### Gentle Water Fitness for Muscle Tone and Cardio

Former Water Exercise, now LLI class for 50+ Learn how to use water resistance to develop muscle tone and flexibility, as well as increase endurance. Practice techniques using water buoyancy to aid in relaxation, stress reduction, and mood enhancement. Apply gentle water exercise to increase cardio health and help with chronic conditions. This course will be presented at several different difficulty levels and is not a swimming course.

**Course: LLI383 20 Hours**

\$30 + \$69 fee = \$99; NMR add \$50

**Germantown Campus**

CRN#: 24569 24 Sessions T R  
9/9-12/2 10 a.m.-10:50 a.m.  
No class 11/27

**Rockville Campus**

CRN#: 24340 24 Sessions M W  
9/8-12/1 9-9:50 a.m.

### Line Dancing for Everyone

Line dancing is a form of exercise that will help you stay fit and relieve stress while having fun. Explore your own style of dance while learning fun, popular, social line dances that can be done at weddings, holiday functions, and more. Examine dances that use music from multiple genres, including country, soul pop, Latin, and much more. This class is partner free and designed for all levels in a free flowing and fun atmosphere!

**Course: LLP149 8 Hours**

\$64 + \$35 fee = \$99; NMR add \$120

**Rockville Campus**

CRN#: 24304 8 Sessions M  
10/6-11/24 6-7 p.m.

### Tai Chi for Physical and Mental Well-being

It is common knowledge that exercise is beneficial to both physical and mental health. While there are many forms of gentle exercise practiced today, tai chi, an ancient Chinese tradition, is widely popular and beneficial. In this course, you will learn a variety of graceful, slow movements performed in a focused manner and accompanied by deep breathing. These low impact movements put minimal stress on muscles and joints. Some of tai chi benefits are decreased stress, anxiety and depression; increased energy, stamina, flexibility, and balance; lower blood pressure; and enhanced quality of sleep.

**Course: LLI277 6 Hours**

\$40 + \$29 fee = \$69; NMR add \$50

**Rockville Campus**

CRN#: 24343 6 Sessions W  
10/8-11/12 2-3 p.m.

**For Instructors and Room Numbers, please see the At-a-Glance starting on page 3.**

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.

## What Is Workforce Development and Continuing Education (WDCE)?

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The Workforce Development and Continuing Education (WDCE) programs at Montgomery College provide a wide range of noncredit and credit educational offerings and services designed to meet the needs of county residents and businesses. Individuals in career transitions, those reentering the workforce, and those maintaining current technical skills, as well as those seeking lifelong education enrichment experiences, are among the 25,000 students each year. High-quality noncredit courses are available in numerous program areas including information technology, small business and management, technical training, certification and licensure preparation, financial planning, real estate, early childhood education, health sciences, professional development, writing, English as a Second Language, human resources, supervision, and more. Special programs are available for older adults, adults with developmental disabilities, and Spanish speakers. Course offerings change continuously to reflect the ever-changing needs of the businesses and communities we serve. As you peruse the programs and services in this publication, we're sure you'll find a wide variety of offerings suited to you.

In addition to classes for individuals, we contract with many businesses and government agencies to provide customized training for their employees. These classes are held at places of employment or can be offered at WDCE sites throughout the county.

## About Our Students

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When you enroll in one of our Workforce Development and Continuing Education courses, you will be joining more than 25,000 people who have attended our programs during the past year. These people come from diverse backgrounds but have one thing in common: the desire to learn new things. Although the median age of our students is 40, many of our students are young or older adults. Students come from all corners of the community, regardless of age and educational experience.

## About Our Faculty

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Our faculty are carefully screened professionals with expertise in their fields. Some are drawn from the College's credit faculty. Instructors are hand-picked for their teaching skills, professional knowledge, and talent, ensuring our reputation as a provider of high-quality courses.

## Where to Find Us

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Classes are held on the Germantown, Rockville, or Takoma Park/Silver Spring Campuses at Montgomery College and three satellite Campuses—East County Education Center in Silver Spring, Westfield South in Wheaton and the Gaithersburg Business Training Center in Olde Towne Gaithersburg. Additional off-campus locations have been selected for convenience, amenities, and suitability for instruction. Classes meet at more than 40 locations countywide, including on site at places of employment.

## Open to All

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Montgomery College is committed to equal employment opportunity that assures access, equity, and diversity. Further, the College is committed to providing an environment in which all persons are provided the opportunity for employment, participation in academic programs, and/or other college activities free from discrimination, any form of harassment as prohibited by federal regulations and state law, and sexual assault.

## National Recognition

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Montgomery College Workforce Development and Continuing Education is certified by the Learning Resources Network (LERN), an international association in lifelong learning. LERN has rated our Workforce Development and Continuing Education unit as one of the leading providers of continuing education programs in North America.



[montgomerycollege.edu/wdce](http://montgomerycollege.edu/wdce) | 240-567-5188

## Course Locations

### East County Education Center

2221 Broadbirch Drive  
Silver Spring, MD 20904

### Gaithersburg Business Training Center (MC)

Montgomery College  
12 S. Summit Avenue  
Gaithersburg, MD 20877

### Germantown Campus (MC)

20200 Observation Drive  
Germantown, MD 20876

### Rockville Campus (MC)

51 Mannakee Street  
Rockville, MD 20850

### Rockville Campus (MC)

Mannakee Building  
900 Hungerford Drive  
Rockville, MD 20850

### Takoma Park/Silver Spring Campus (MC)

7600 Takoma Avenue  
Takoma Park, MD 20912

### Westfield South (MC)

11002 Veirs Mill Road  
Suite 306  
Wheaton, MD 20902

For maps and directions to our main campuses, please visit: <https://www.montgomerycollege.edu/about-mc/campuses-and-locations/wdce-locations.html>

For Montgomery County Public School locations, go to [www.montgomerycollege.edu/wdce/mcps/locations.html](http://www.montgomerycollege.edu/wdce/mcps/locations.html).

**Distance Learning (DL)** are offered completely online and allow students to learn independently, on their own schedules, as they meet specific deadlines and complete assignments. Instructors guide students' learning with lessons, activities, and feedback through a Blackboard course site.

**Structured Remote (SR)** are scheduled on specific days and at specific times. Students meet as a class remotely through Zoom or Blackboard Collaborate; instructors will tell students which software to use. Students complete reading and assignments according to the course schedule. Class sessions take place in real time, and the instructor leads course sessions.

**Hybrid (face to face & DL or SR)** are listed in the course schedule with specific times and locations. Some meetings will happen online via structured remote or distance learning along with some on-campus meetings.

## How to Read Course Description

### Course Title

### Building Bones and Muscle Strength

### Course description

Learn ways in which to strengthen your bones and muscles and keep them healthy. Explore proper posture and exercising techniques to help avoid injuries. Practice balance exercises, using low hand and leg weights, and resistance training to increase muscle strength and bone density.

### Course #

Course: LLI641

### Course Hours

5 Hours

### Tuition and Fees

\$30 + \$49 fee = \$79; NMR add \$50

### Location

Rockville Campus

### CRN #

CRN#: 24571

### # Sessions

5 Session

### Day(s)

W

### Date(s)

10/22-11/19

### Time

10-11 a.m.

## NEED HELP LOOKING FOR A CAREER? CAREER COACH CAN HELP!

Career Coach is an online search tool that will help you find a good career by providing the most current data on wages, employment, job postings, and associated education and training for our region.

See page 97 for more on Career Coach.

<https://montgomerycollege.emsicc.com>





## Services for Students with Disabilities

Montgomery College complies with the provisions of Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990 and the Americans with Disabilities Act Amendments Act (ADAAA) of 2009. The college provides accommodations, access to facilities, programs, activities, and services for qualified students with documented disabilities. Accommodations are determined on a case-by-case analysis based on information provided by a qualified professional.

If you need support services due to a disability, please contact Natalie Martinez, WDCE Disability Support Services Counselor, to schedule an appointment, phone 240-567-4118, e-mail [natalie.martinez@montgomerycollege.edu](mailto:natalie.martinez@montgomerycollege.edu), Fax: 240-567-5163 at least two weeks prior to the start of the classes to ensure timely services. If necessary and appropriate, students may register for courses or activities prior to or while going through the support services process but are expected to comply with required deadlines to ensure that appropriate accommodations can be secured.

Any student who may need assistance in the event of an emergency evacuation must identify to Disability Support Services; guidelines for emergency evacuations are at: [www.montgomerycollege.edu/dss/evacprocedures.htm](http://www.montgomerycollege.edu/dss/evacprocedures.htm).

Under provisions of the Americans with Disabilities Act, this material is available in alternative formats by contacting the Disability Support Services Office at 240-567-4118.

A Sorenson Video Relay Service with a large Monitor is available in the Rockville, Takoma Park/Silver Spring and Germantown Campus libraries.

## Students Under 16

Students must be 16 or older, or have permission of the program area by the start date of class, in order to participate. Call 240-567-5188 for more information.

## Co-Listed Classes

Classes marked with this code (CoL) are co-listed. They are offered so that students may register either for credit or continuing education (noncredit) status. Co-listing gives students an option to choose the best path for their educational needs. Each section includes both credit and noncredit students. For students seeking credit classes, please consult the credit course schedule. The expectations for attendance, participation, and effort are the same for all students. Any non-credit student who enrolls in a co-listed class must be prepared to document that they meet the applicable credit class assessment/prerequisite requirements upon request and in specific classes, the student will be required to be assessed prior to enrollment. Instructors will

announce policies concerning class activities. If you have questions about readiness/assessments, please contact the listing program/department.

If you have registered as a noncredit student in a co-listed course and you wish to change from noncredit to credit status, you will have one day after the class has begun to do so. After that, you are committed to your path as a noncredit student for the remainder of the course. If the course has a required assessment level to be a credit student, you must first complete the assessment testing and meet the appropriate assessment level before you can change to credit status. Dates for co-listed classes may reflect the actual credit term dates. Please check the day on your calendar for the actual start date of your class.

## Parking Regulations

Each person associated with the College who parks a vehicle on any Campus of the College or any property owned, leased, maintained, or operated by the College must register the vehicle regardless of its ownership. Students, faculty, staff and visitors must abide by college traffic regulations. The College reserves the right to issue a citation or tow, at the owner's risk and expense, any unregistered vehicle parked in violation.

### Instructions for Parking Permits:

Students parking a vehicle on any Campus of the College (Rockville, Germantown and Takoma Park/Silver Spring) while attending a program will receive a temporary (15 day) parking permit with their class confirmation materials. If you register via the web, your printed confirmation or registration history will serve as a parking permit until you can print out the WDCE Student Temporary Parking Permit. The parking permit is free to students but you must register your vehicle.

All Students registered for WDCE classes spanning greater than 15 days from start to end date MUST obtain a parking permit following steps 1 to 4 below.

1. In order to obtain the permit, students need to log into MyMC the day after they register for the class.
2. Click on the "Order MY Parking Permit/ Pay Parking fines" link on the "MyMC Quick Links" tab.
3. Put in the start date and the end date of your class(es).
4. Print the permit.

Be sure to click the print link on the confirmation page as the permit will not be mailed.

Information about vehicle registration and parking, and how to pay or appeal a citation is available at [www.montgomerycollege.edu/parking](http://www.montgomerycollege.edu/parking). The Montgomery College Motor Vehicle Regulations are available at [www.montgomerycollege.edu/verified](http://www.montgomerycollege.edu/verified).

## Textbooks and Materials

Textbooks/course materials: Purchase textbooks and/or course materials at the Campus where your class will be held. For classes held at the Gaithersburg Business Training Center, Distance Education and Learning Technologies (DELT), and off-Campus MCPS locations, please use the Rockville Campus MC Books & More; for classes at Westfield South use the Takoma Park/Silver Spring Campus MC Books & More. You do not need to go to a Campus store to make your purchase. You may purchase your textbooks/course materials online to have your purchases mailed to you. To order online or to find out more details about purchases, buybacks, returns, contact information, ebooks, rentals, and more, visit the College's MC Books & More website at [www.montgomerycollege.edu/bookstore](http://www.montgomerycollege.edu/bookstore) or call the main number 240-567-5302. MC Books & More and the Cafritz Art Store & More are the Official Montgomery College Bookstores.

For information specific to WDCE, please visit our reference page at <https://info.montgomerycollege.edu/offices/business-services/mc-campus-store.html/>

A USB flash drive/memory stick (at least 512 MB) is required for ITI classes unless otherwise specified. Please bring to first class.

## Scholarship Opportunities

For detailed information regarding scholarship opportunities and how to apply, visit <https://www.montgomerycollege.edu/workforce-development-continuing-education/wdce-scholarships/index.html>

## Inclement Weather

Inclement weather conditions: go to [www.montgomerycollege.edu](http://www.montgomerycollege.edu) or call 240-567-5000. If the College is closed, there are no classes. For classes meeting in a Montgomery County Public Schools facility, go to [www.montgomeryschoolsmd.org](http://www.montgomeryschoolsmd.org). If MCPS is closed, or evening activities are cancelled, there are no classes. Students attending classes at local hospitals, will have class unless notified by their instructor.



[www.facebook.com/mcwde](http://www.facebook.com/mcwde)

**Questions?**  
**Call 240-567-5188.**

## Registration Options

Regardless of which registration option you select, registrants will be enrolled in the order that registration and payments are received (to avoid disappointment, register early); payment is required at the time of registration. All students must register prior to attending the first class.

## Payments

Payment MUST be made IN FULL at the time of registration to avoid being deleted from the course. Complete information is required to process all registrations and payments. Further instructions for WEB, FAX, or MAIL-IN payments can be found at: [www.montgomerycollege.edu/wdce/registerops.html](http://www.montgomerycollege.edu/wdce/registerops.html).

**Registration will not be processed without appropriate payment.**

### Option 1: In-Person Registration

A completed form with payment may be submitted in person at any of these Montgomery College Campus registration areas:

#### East County Education Center

8:30 a.m.–4:30 p.m. (M–F)

#### Gaithersburg Business Training Center Room 400

8:30 a.m.–8:30 p.m. (M–R)

8:30 a.m.–4:30 p.m. (F)

#### Germantown Campus

##### Humanities and Social Sciences Building Room 241 and/or 243

8:30 a.m.–4:30 p.m. (M–F)

#### Rockville Campus

##### 220 Campus Center

8:30 a.m.–7 p.m. (M–R)

8:30 a.m.–4:30 p.m. (F); 8:30 a.m.–12 p.m. (S)

#### Takoma Park/Silver Spring Campus

##### 230 CF, Customer Service

8:30 a.m.–5 p.m. (M–R)

8:30 a.m.–4:30 p.m. (F)

\*\*\*Cash payments can only be made at the Cashier's Offices at the Germantown, Rockville, or Takoma Park/Silver Spring Campuses.

### Option 2: Online (Web) Registration

- Go to [montgomerycollege.edu/wdce](http://montgomerycollege.edu/wdce)
- Click on "How to Register" in the left navigation bar.
- Click on "Register by Web."
- Follow the appropriate directions depending on if you are a new or returning student.

### Option 3: Mail Registration

Send completed form with payment for total due to Montgomery College, WDCE, 51 Mannakee St., Rockville, MD 20850.

### Option 4: Fax Registration

Fax completed form with payment information to WDCE at 240-683-6945.

## Residential Policy

The following are general guidelines taken from the College policy on residency for tuition purposes. A complete copy of the policy is available in the Montgomery College Catalog.

- Students attending Montgomery College will pay tuition according to their residency classification.  
  
To qualify for in-state tuition, a student must be a U.S. Citizen, Permanent Resident or have a qualifying Visa status.
- To qualify, for tuition purposes, as a resident of the state of Maryland, legal domicile must have been maintained for a period of not less than three months prior to the first regularly scheduled class for the semester; unless you are a member of the Military covered under HB935.
- The domicile of a person registering in a noncredit course at Montgomery College shall be considered as a person's permanent place of abode, where physical presence and possessions are maintained, and where he/she intends to remain indefinitely.

## Refund Policy

Refunds are paid at 100% for classes canceled, dropped online, or in person (using a Drop Form), prior to the start date of the class. Refunds are also paid at 100% if class is dropped prior to the Refund Date printed on your registration confirmation. DO NOT drop classes online on or after the day the class begins; you will not receive a refund. ESL Noncredit students must call 240-567-7262 for refund/withdrawal instructions. Refunds for open enrollment classes will go to the registered student of record. For the Drop Form and more information, visit <https://www.montgomerycollege.edu/workforce-development-continuing-education/registration-information/refund-wdce.html>

## Transfer Policy

To transfer from one CRN to another CRN of the same course, a letter must be received in the Admissions, Records, and Registration Office, Montgomery College, 51 Mannakee Street, Rockville, MD 20850 before the beginning date of both CRNs of the course. If you have enrolled in a co-listed course you will have only one day after the class has begun to transfer. After that, you are committed to your path for the remainder of the course. If the course has a required assessment level to be a credit student, you must first complete the assessment testing and meet the appropriate assessment level before you can change to credit status.

## Tuition Waiver

Only noncredit courses designated "tuition waiver applies" in each publication will be available for tuition waiver. This statement appears in each applicable course description. Only tuition is waived; required fees must be paid by the student. Documents must be received at time of registration.

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.

**Disability Tuition Waiver:** Please go to [montgomerycollege.edu/wdce/register/disabilitywaiver.html](http://montgomerycollege.edu/wdce/register/disabilitywaiver.html) for information.

**National Guard Tuition Waiver:** If you are currently a member of the Maryland National guard and are enlisted for at least a 24-month period, you are eligible for a 50 percent tuition waiver. You must submit proof of such from the adjutant general's office.

**VA-Approved:** If you are interested in using VA benefits for a Workforce Development and Continuing Education class please contact [va@montgomerycollege.edu](mailto:va@montgomerycollege.edu) for additional information.

*Attendance policy differs for each course. Please contact your professor.*

## Room Numbers

Room numbers will be printed on your registration receipt for classes held on our campuses. Please be sure to keep the receipt for your records. Room numbers can also be found online.

## Day Designation

M	Monday
T	Tuesday
W	Wednesday
R	Thursday
F	Friday
S	Saturday
U	Sunday

## Key to Codes

TWA	Senior Tuition Waiver Applies
NMR	Non-Maryland Resident
Col	Co-listed

*Please Print Clearly*



**MONTGOMERY**  
**COLLEGE**

FAX completed registration form with credit card information to 240-683-6945.

Mail completed registration form with payment to WDCE Registration, 51 Mannakee Street, CC 220, Rockville, MD 20850.

[illegible]

*If you have ever taken a credit class at MC and the last class (credit or non-credit) you took at MC was more than 4 years ago, you must also complete and submit a Student Reactivation form found at: <http://www.montgomerycollege.edu/studentforms>.*

**How did you hear about us?** ☐ Received brochure in mail ☐ Website ☐ Social media ☐ Advertisement ☐ On campus ☐ Other \_\_\_\_\_

**MILITARY:** If the military is paying for your course(s), you must submit the last 4 digits of your SSN.

## STUDENTS WITH DISABILITIES

If you need support services due to a disability, call Workforce Development & Continuing Education at 240-567-4118 at least three weeks before class begins.

**ETHNICITY:** Choose one. *(Disclosure not mandatory by Montgomery College, but is required by the U.S. Department of Education.)*

☐ Not Hispanic or Latino      ☐ Hispanic or Latino

**RACE:** Choose all that apply, you may choose more than one. *(Disclosure not mandatory by Montgomery College, but is required by the U.S. Department of Education.)*

☐ American Indian or Alaskan Native    ☐ Asian    ☐ Black or African American    ☐ Native Hawaiian and other Pacific Islander    ☐ White

☐ U.S. Citizen      ☐ Permanent Resident (Circle one: Green Card / Working Card)      ☐ Other Immigration Status      *(Used for tuition-setting purposes only.)*

CHECK ALL THAT APPLY:

☐ I have been a Maryland resident [as defined in the Montgomery College Catalog] for at least three months.

☐ I am 60 years of age or older. (Applicable to designated tuition waiver courses for Maryland residents only.)

☐ I am a Maryland National Guard member enlisted for at least a 24 month period and submitting proof of such from the adjutant general's office.

CRN #	Course #	Course Title	Start Date	Tuition	Course Fee	Non-Md. Fee	Course Total
Code: IL	Refunds will go to the registered student of record.					Total Due	\$

I certify that the information on this registration is correct and complete. I am aware of and will adhere to College policies as published in the Student Handbook. I understand that non-attendance and/or failure to file all registration changes in writing with the Admissions and Records Office does not relieve me of responsibility for tuition and fee charges incurred. I agree to abide by the policies and procedures of the College, including without limitation, the Student Code of Conduct and any payment liabilities. I hold the College harmless for any errors I have made that may affect a request for a subsequent refund or academic appeal.

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Student Signature Required

Date \_\_\_\_\_

**Please indicate payment by:** ☐ Check (payable to Montgomery College)

**Credit card:** ☐ MasterCard ☐ VISA ☐ Discover

**Credit Card Information:** Credit Card Number

**Please do not email registration form with credit card information.**

Expiration date on card

Month / Year

3 or 4 digit Security code on your card

**NOTE:**  
Credit card information will be detached and disposed of promptly and properly after payment is approved.

Name on Card

Card holder  
signature required

Date \_\_\_\_\_

**Lifelong Learning Institute  
Fall 2025 Course Schedule**

Index	
Archaeology and World Cultures .....	3
Art .....	3
Art History .....	5
Brain Fitness Institute.....	6
Careers and Employment 50+ .....	6
Computers and Technology .....	6
Criminal Justice .....	7
Culinary Arts.....	7
History and Current Events .....	7
Home and Garden.....	10
Human and Natural Science .....	11
Literature and Writing .....	12
Personal Enrichment .....	15
Personal Finance Academy .....	15
Professional and Career Development.....	18
Wellness .....	18

The Lifelong Learning Institute is committed to creating intellectually stimulating educational opportunities for Montgomery County residents age 50 and over. Adults of any age may register for these classes. Maryland residents age 60+ pay fee only.

For more information, please visit: [www.montgomerycollege.edu/lifelonglearning](http://www.montgomerycollege.edu/lifelonglearning).