

## Learning Skills Support Services COLLEGE SUCCESS SKILLS - FALL 2025 WORKSHOP SCHEDULE

<b>SEPTEMBER</b>				
<b>Dates</b>	<b>Times</b>	<b>Workshops</b>	<b>Location</b>	<b>Facilitator</b>
Friday, September 5	11:30am - 12:30pm	Note Taking & Effective Studying	<a href="#">Zoom Registration Link</a>	Denise T. Williams
Wednesday, September 10	2:00pm -3:00pm	Exam Preparation Strategies: Your Roadmap to Success	<a href="#">Zoom Registration Link</a>	Dr. Stéphanie Mbella
Thursday, September 11	2:00pm-3:00pm	Study Tips for Pharmacology	<a href="#">Zoom Registration Link</a>	Dr. Stéphanie Mbella
Monday, September 15	1:00pm-2:00pm	Test Taking Strategies	<a href="#">Zoom Registration Link</a>	Dr. Stéphanie Mbella
Thursday, September 18	2:00pm – 3:30pm	Time Management: Mastering Time for Maximum Productivity	HC – Room 120	Denise T. Williams
Tuesday, September 23	2:00pm-3:30pm	Beating Test Anxiety: Calm Your Nerves, Boost Your Scores	HC – Room 120	Denise T. Williams
Friday, September 26	2:00pm-3:00pm	Boost Your Learning: How to Integrate Study Group in your Routine	<a href="#">Zoom Registration Link</a>	Dr. Stéphanie Mbella

<b>OCTOBER</b>				
<b>Dates</b>	<b>Times</b>	<b>Workshops</b>	<b>Location</b>	<b>Facilitator</b>
Wednesday, October 1	2:00pm - 3:00pm	Bouncing Back: Reassessing Your Study Habits After an Exam	<a href="#">Zoom Registration Link</a>	Dr. Stéphanie Mbella
Friday, October 10	12:00pm - 1:00pm	Start Studying Smarter: Organizational Tips That Work	<a href="#">Zoom Registration Link</a>	Denise T. Williams
Wednesday, October 15	1:00pm - 2:00pm	From Struggling to Thriving: Proven Methods to Improve Your College Grades	<a href="#">Zoom Registration Link</a>	Denise T. Williams
Tuesday, October 28	2:00pm - 3:00pm	Study Smarter: Strategies for Maximum Focus During Study Sessions	HC – Room 120	Dr. Stéphanie Mbella

<b>NOVEMBER</b>				
<b>Dates</b>	<b>Times</b>	<b>Workshops</b>	<b>Location</b>	<b>Facilitator</b>
Thursday, November 6	12:30pm – 1:30pm	From Cramming to Acing: Smarter Ways to Study for Final Exams	<a href="#">Zoom Registration Link</a>	Denise T. Williams
Tuesday, November 11	1:00pm – 2:00pm	Test Taking Strategies	HC – Room 121	Dr. Stéphanie Mbella

<b>DECEMBER</b>				
<b>Dates</b>	<b>Times</b>	<b>Workshops</b>	<b>Location</b>	<b>Facilitator</b>
Friday, December 5	12:30pm-1:30pm	Finding Balance: How to Manage Stress Effectively	<a href="#">Zoom Registration Link</a>	Denise T. Williams

### CONTACT THE LEARNING SPECIALISTS:

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